



UNIVERSITY OF
CAMBRIDGE

Department of Chemistry

(Heteronuclear) Decoupling UKMRM 2026

Peter Gierth 28/04/2026

Senior NMR Specialist, Yusuf Hamied Department of Chemistry

University of Cambridge ptg20@cam.ac.uk

green impact

Silver Award



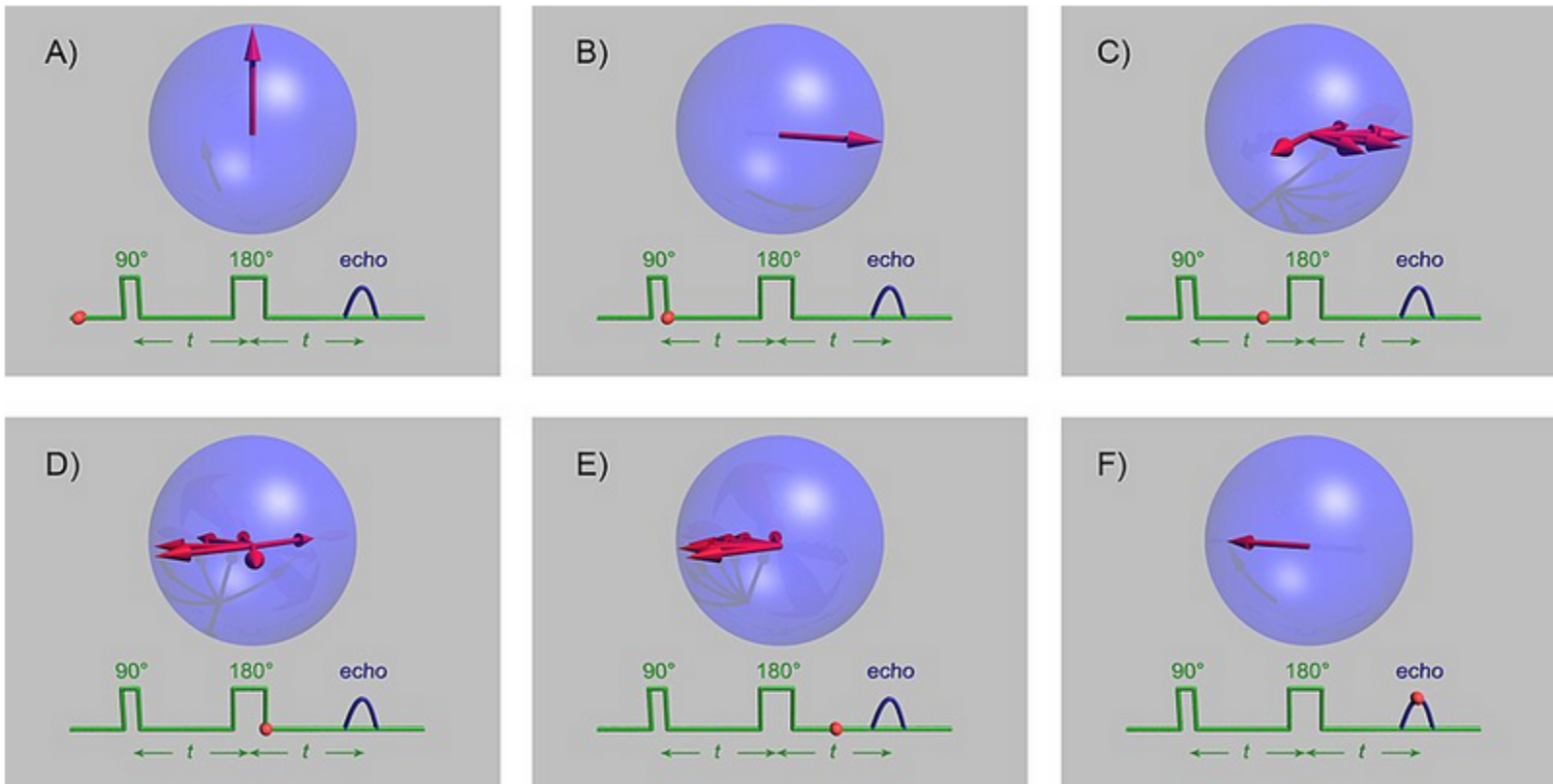
Outline

- Basic theory
 - Inversion elements, supercycles
- Imperfections
- Overview of common schemes
- Modifying setup
- BUSS
- Hardware / heating limitations
- 2H decoupling

What is decoupling?

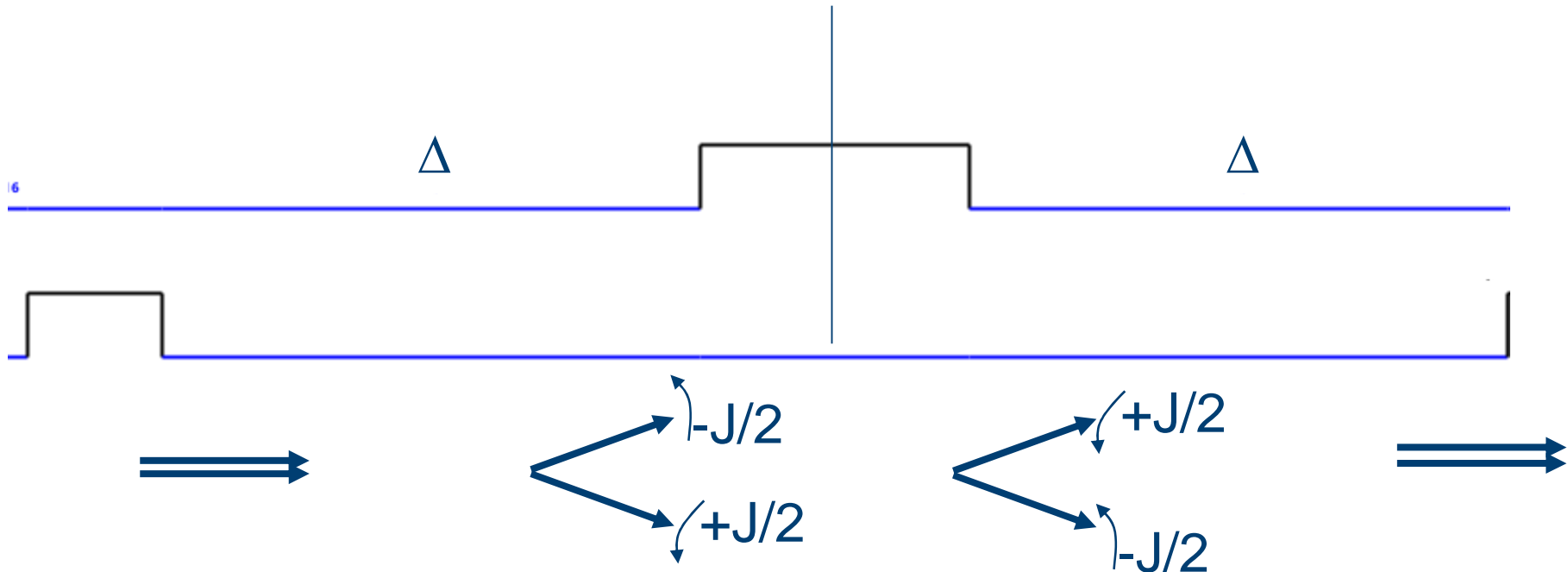
https://en.wikipedia.org/wiki/Spin_echo

- Spin echo:



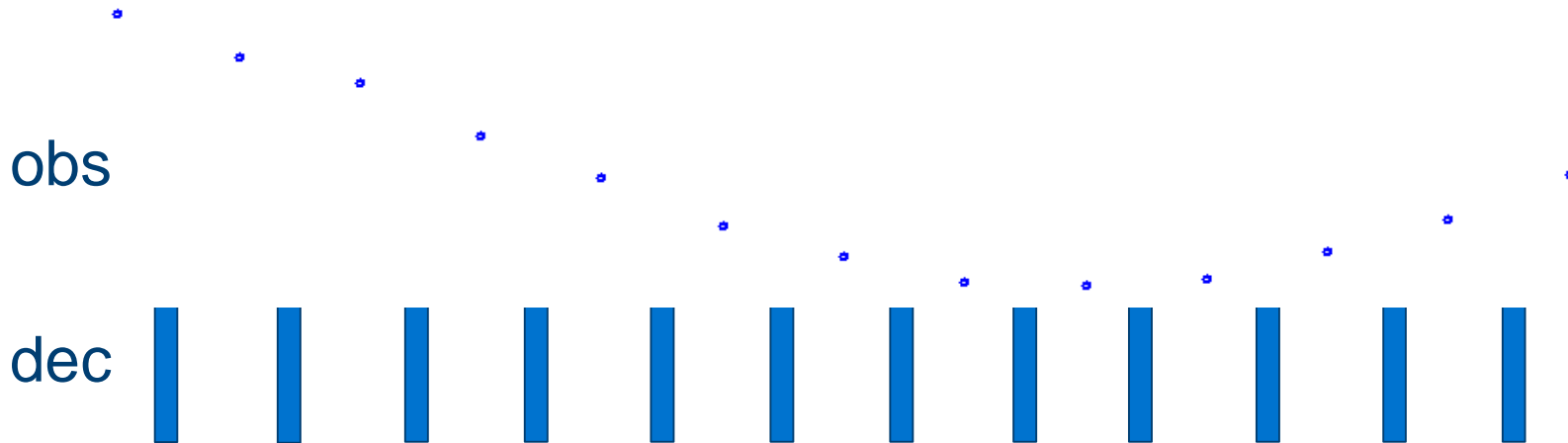
What is decoupling?

- We can remove the effect of heteronuclear coupling over a period, by inserting 180 degree (inversion) pulse in the centre:

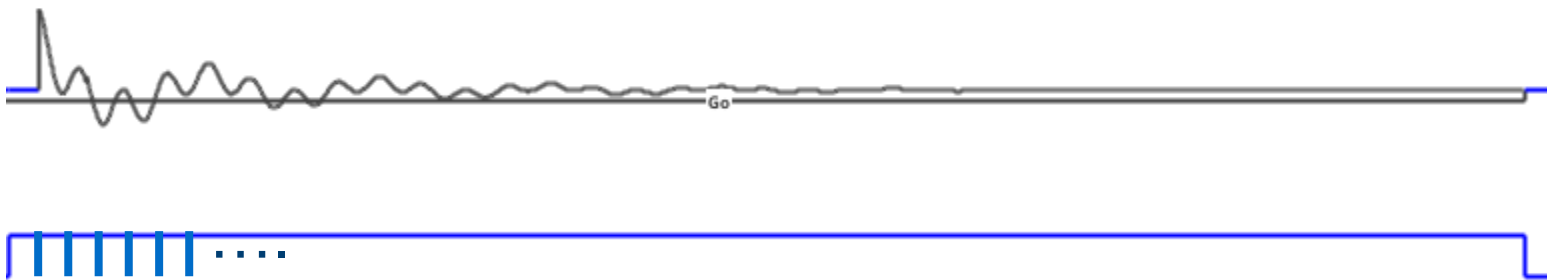


What is decoupling?

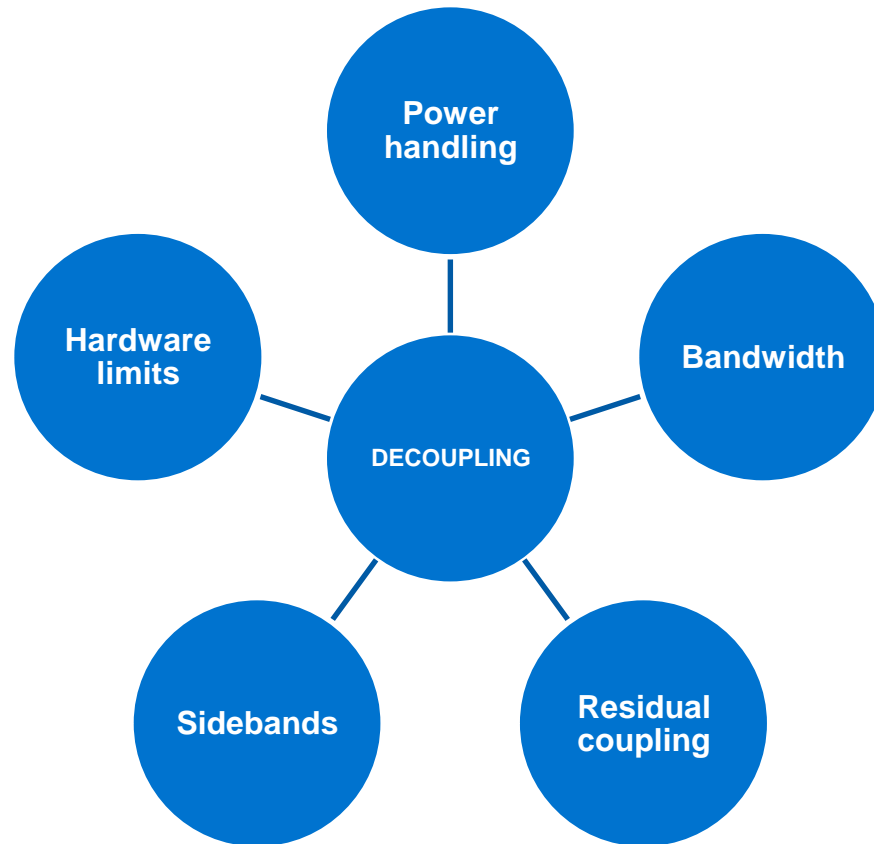
- Apply 180 degree pulse half way between each sampling point:



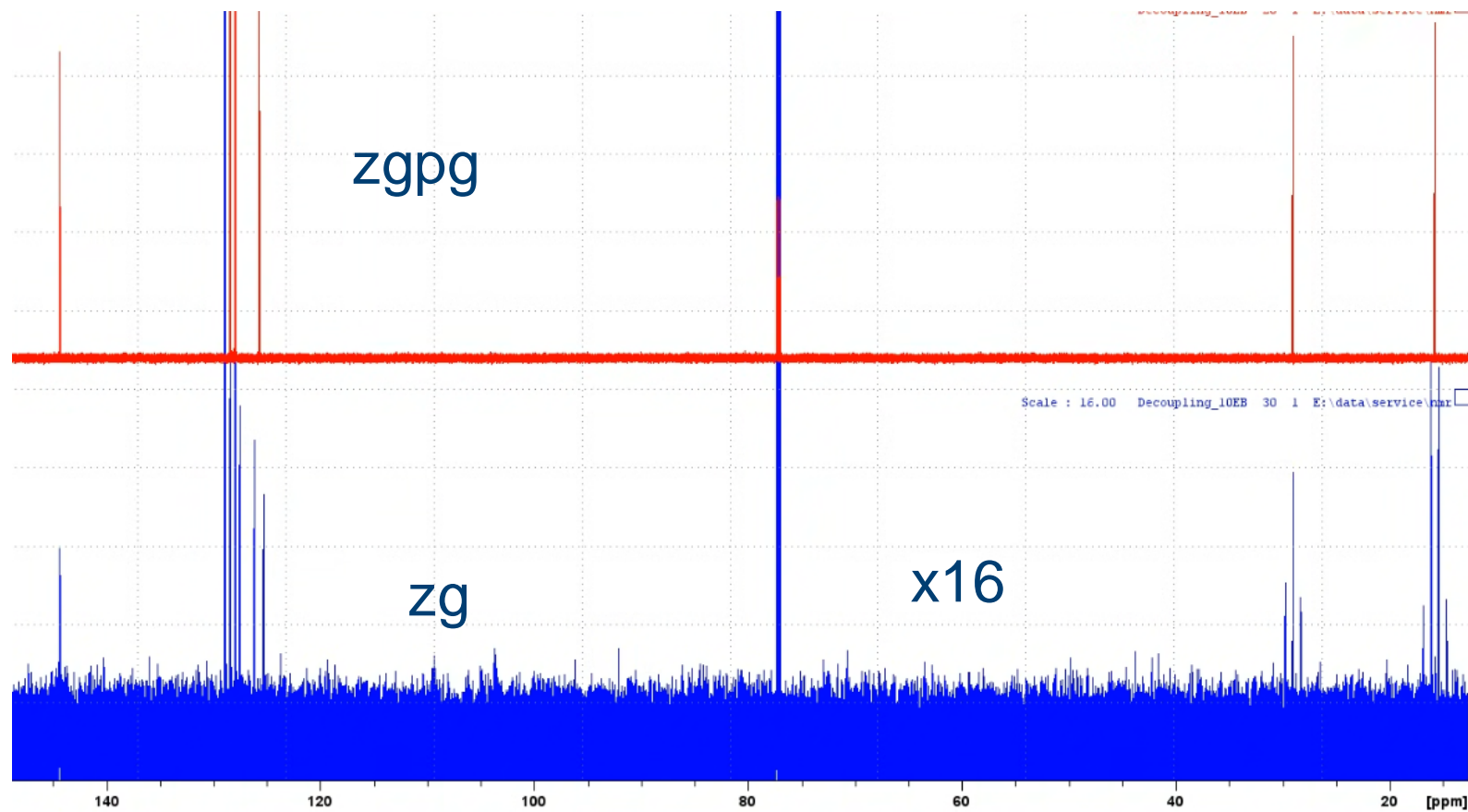
- Or: just apply a continuous sequence of 180 degree pulses...



Evaluating decoupling



Why decoupling?



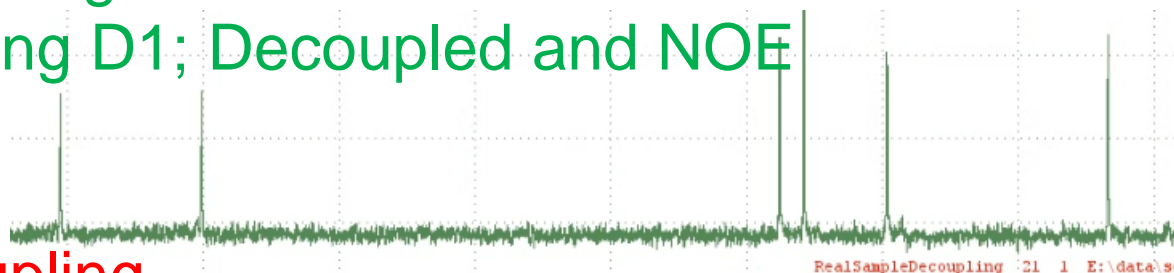
Gated decoupling

- When do we need to apply decoupling?

Power-gated decoupling

Reduced power during D1; Decoupled and NOE

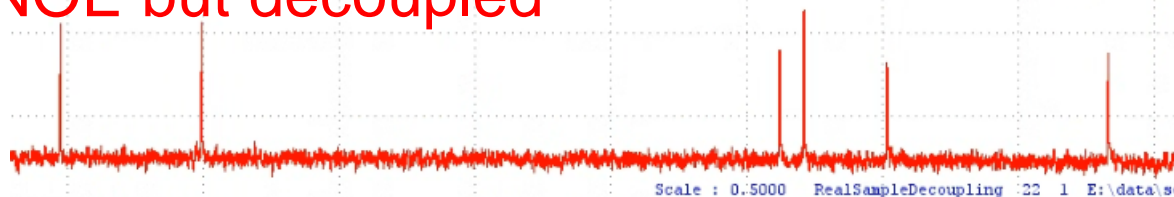
zgpg



Inverse-gated decoupling

During D1 only; No NOE but decoupled

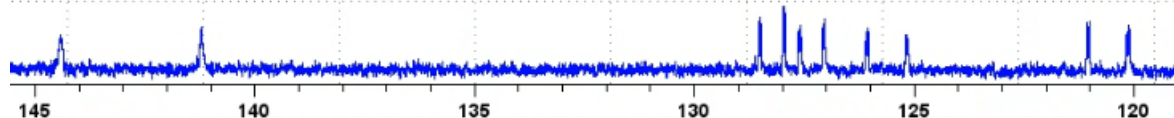
zgig



Gated decoupling

During D1 only; NOE but still coupled

zggd



CW decoupling works

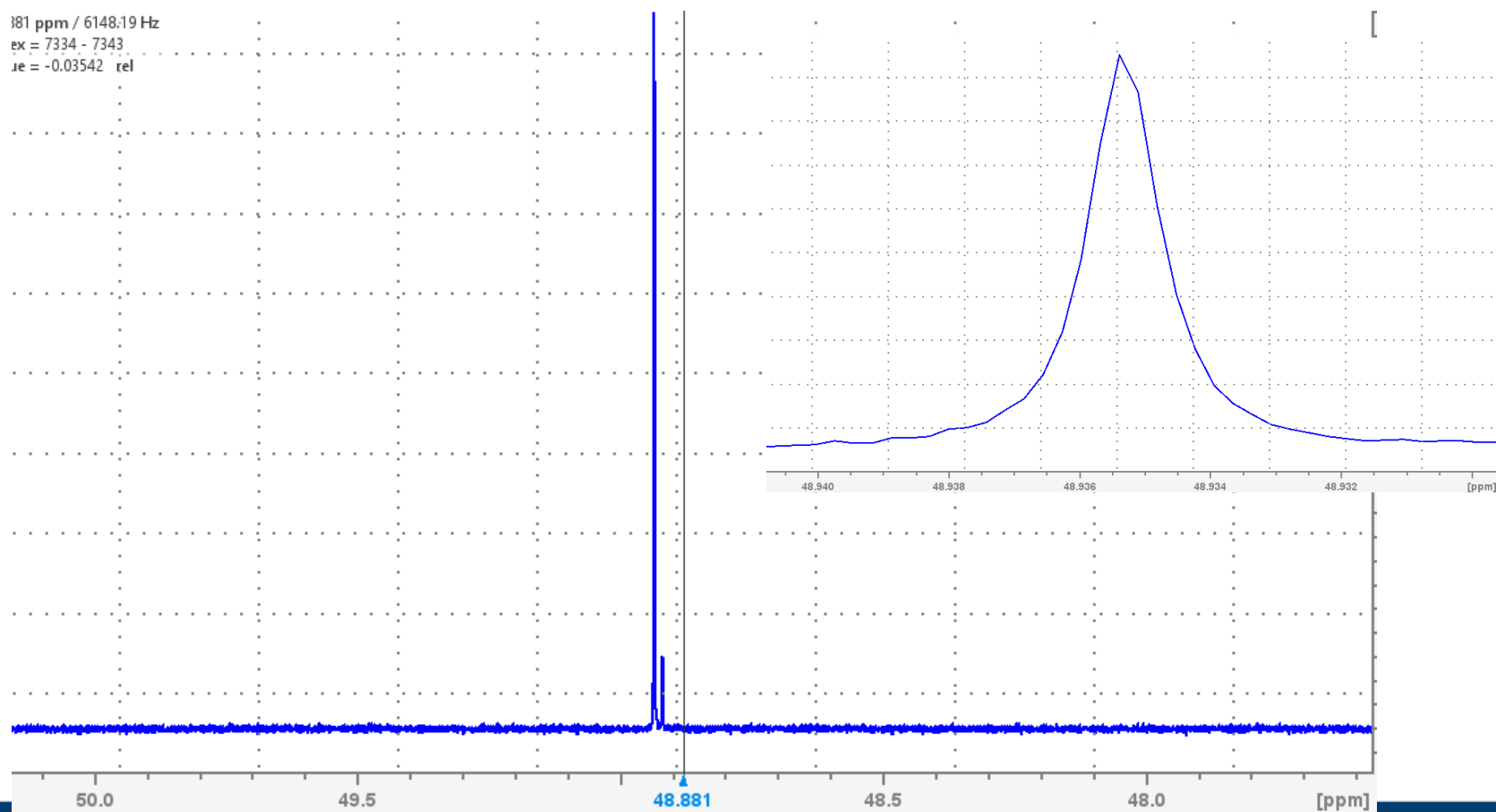
- ^{13}C methanol

Peak[ppm]= 48.9354, Width[Hz/ppm]=

0.162/

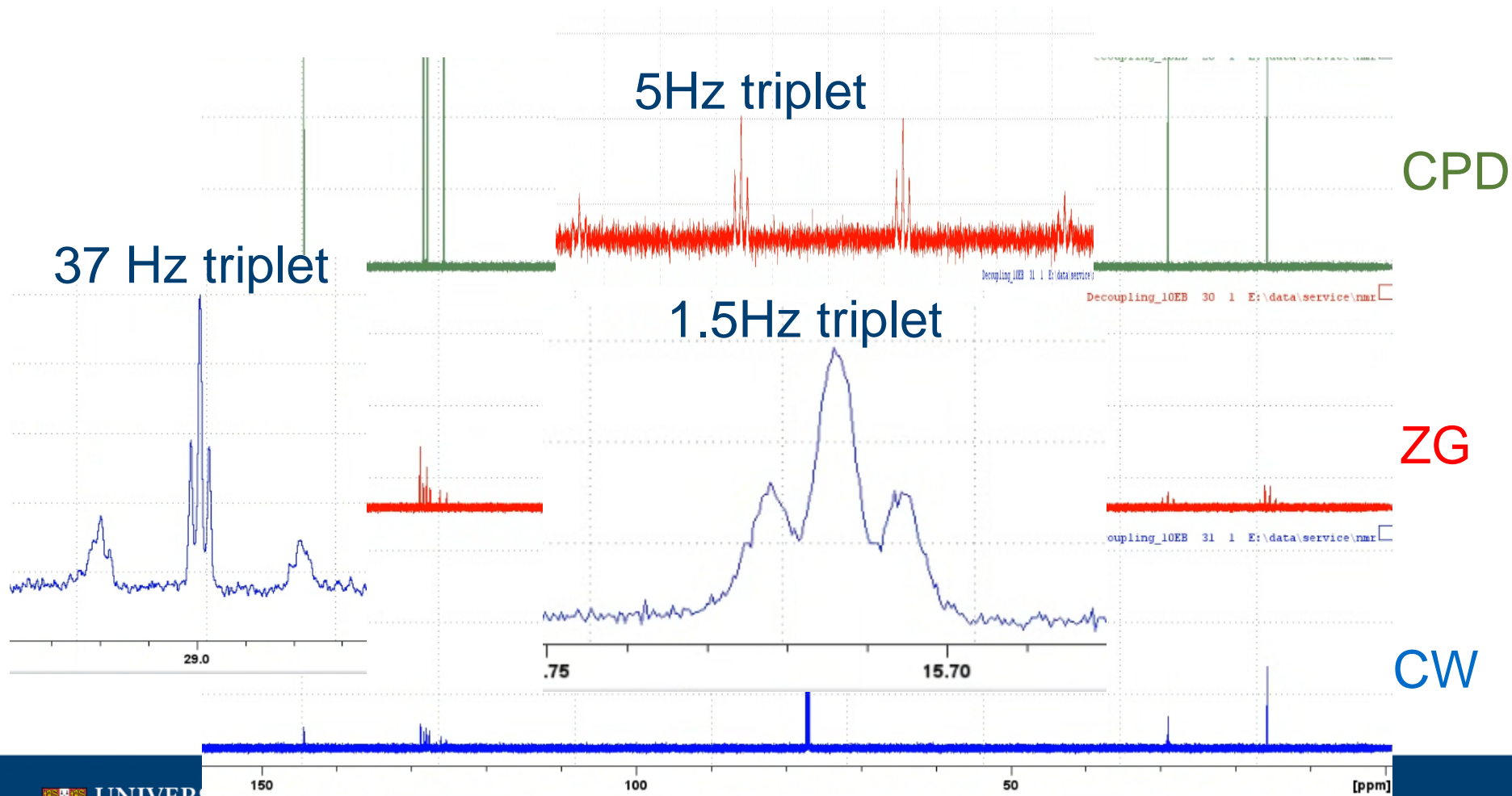
0.0013,

81 ppm / 6148.19 Hz
ex = 7334 - 7343
je = -0.03542 rel



CW decoupling works... sort of

- 10% EB: If we set the decoupler offset on res for methyl protons for example:



Units

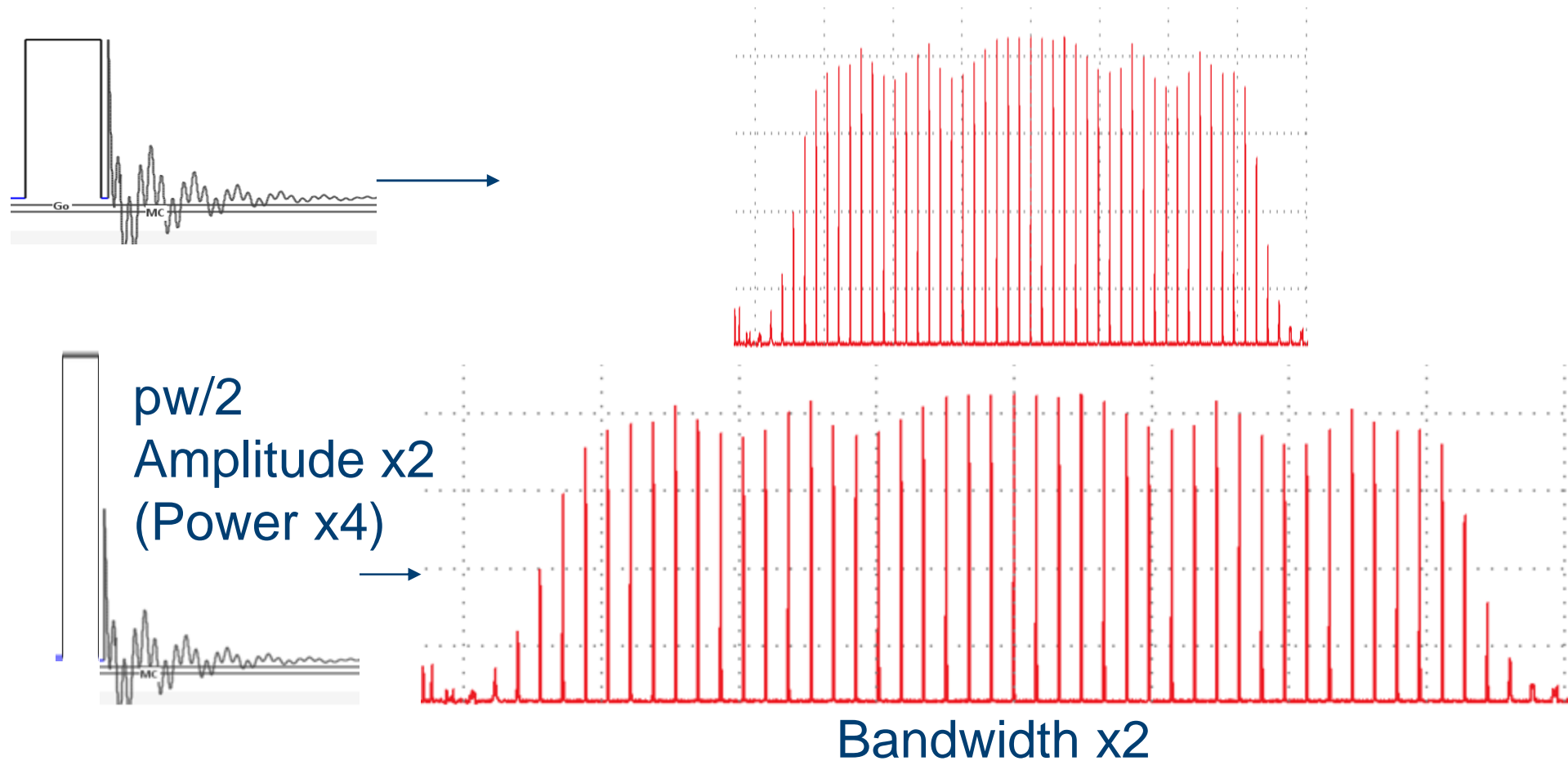
- **Amplitude / RF field strength / B1 / B2**
- Voltage
- RF field strength = $1/360$
 - Eg $10\mu\text{s } 90^\circ = 40\mu\text{s } 360^\circ = 25\text{kHz}$

Units

- **Power: PLW / PLdB**
- Wattage – \propto to **square** of voltage
- **Pulse length *2 == Power /4**
- dB – **Attenuation** on Bruker systems
 - $\text{dB1} - \text{dB2} = 10 \log(\text{PLW2}/\text{PLW1})$
 - +6.02dB means factor 2 longer pulse
- “-dBW” = $-10 \log(\text{PLW})$
- Decoupling limits: integral power / time

P1 [μsec]	<input type="text" value="11.210"/>		F1 channel - high power pulse
PLW1 [W, dB]	<input type="text" value="8.2"/>	<input type="text" value="-9.14"/>	F1 channel - power level for pulse (default)

Scaling of pulses

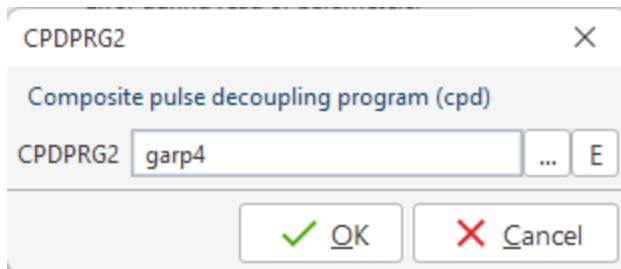


Scaling of pulses

- For a given shape (inc adiabatic!), to double the bandwidth:
 - Double the RF field strength
 - Ie 4x the RF power. -6.02dB attenuation
 - Half the pulse length
- For adiabatic shapes:
 - Make a new shape with double the sweep
 - Keep same length
 - Need only double the RF power
 - (you can sort of do this for arbitrary shapes)

Implementation

- Bruker: “CPD program”



```
1 1 pcpd*0.339:0
2 pcpd*0.613:180
3 pcpd*2.864:0
4 pcpd*2.981:180
5 pcpd*0.770:0
6 pcpd*0.691:180
```

```
400 pcpd*0.593:180
401 jump to 1
```

- Bruker: pulse program:

```
2 30m do:f2
10u p113:f2
d11 cpd2:f2
DELTA
4u do:f2
10u p112:f2
100m cpd2:f2
p1 ph1
go=2 ph31
30m do:f2 p113:f2 mc #0 to 2 F0(zd)
```

Hardware limitations

- Power corrupts!
- Limitation is something like average input power over each scan
- Cryoprobes: typical pulses (assumes 1s D1)

5 mm 600 MHz TCI H&F-C/N-D CryoProbe™	
¹ H	
hard pulse ³⁾ (max. length 1ms)	8.0 μs
hard pulse for lossy samples	Power level corresponding to 8.0 μs pulse for non-lossy sample
trim pulse p28 ⁴⁾	1 ms @ 8 μs 2 ms @ 10 μs
TOCSY spin lock ⁵⁾	200 ms @ 25 μs 400 ms @ 35 μs
ROESY spin lock	Up to CW for power level corresponding to a 80 μs pulse
WALTZ65 decoupling during ¹³ C-detection	Up to CW for power level corresponding to a 80 μs pulse
DIPS12-decoupling in triple resonance	400 ms @ 35 μs

==3125Hz

==7143Hz

¹³ C	
GARP4 decoupling ⁷⁾	250 ms @ 55 μs (> 165 ppm bandwidth)

==4545Hz

Prodigy Cryoprobes

- Much less robust than He-cooled
- No comparable method of monitoring coil
- => stick to published limits!

Hardware limits: RT probes

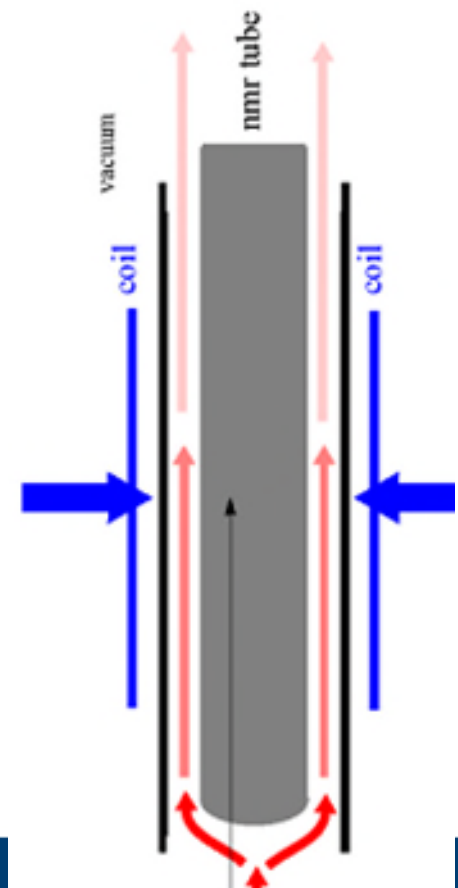
- Much less well documented...
- However: CW limit (5mm rt probes): **5W (pref. 1W)**

13C		
GARP decoupling ⁷⁾	100 msec @ 55 µsec	100 msec @ 55 µsec

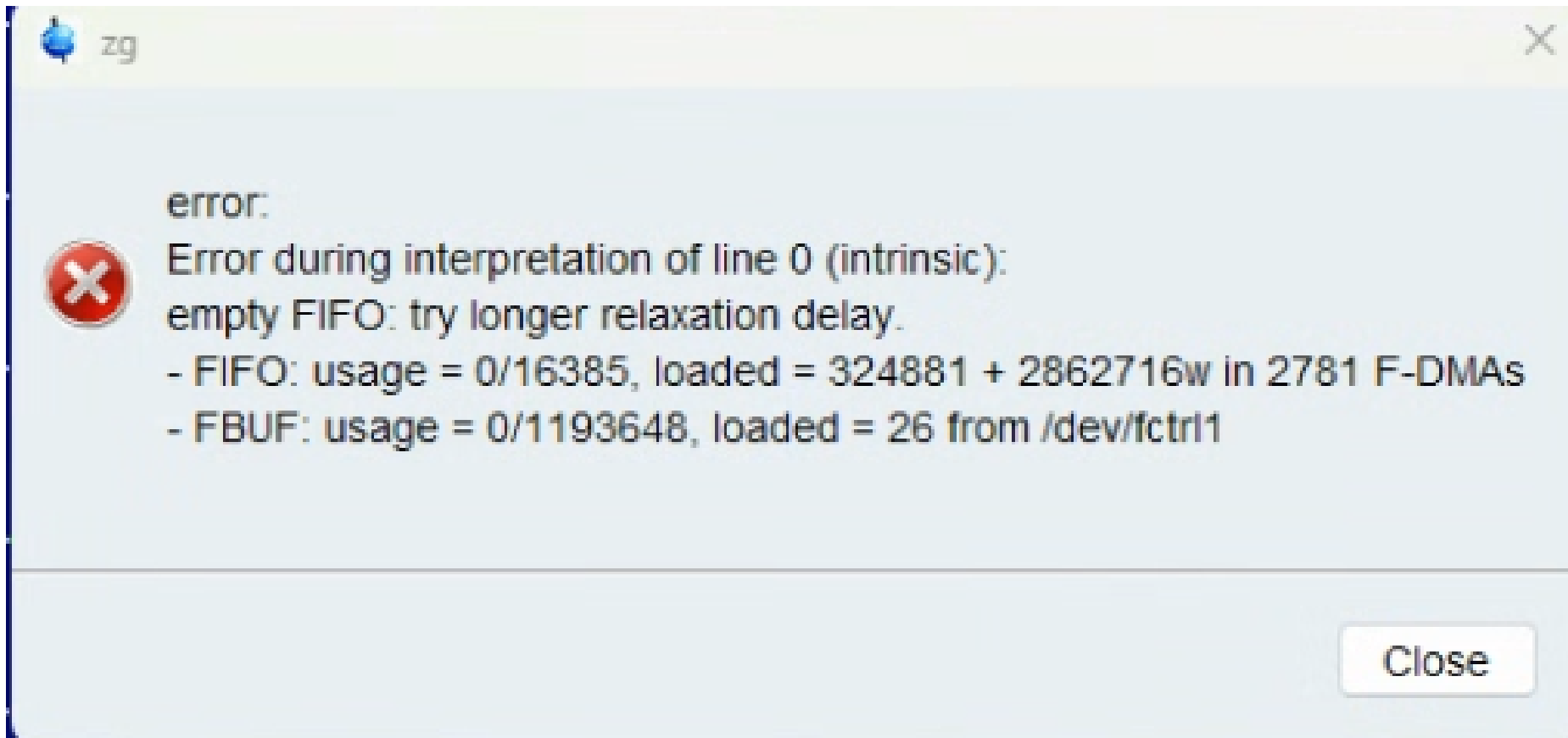
>5W @ 500MHz, ~10W @ 800MHz

Salty samples

- In cryoprobes coil is thermally insulated from sample
- E-field of pulse interacts with conductive samples
- Increased pulse length
- Absorption of energy by sample=> heating
- => small diameter tubes
- => lower power decoupling?



Hardware limitations – shaped pulses



Hardware limitations – shaped pulses

- On AVIIIHD (and older) spectrometers, waveform memory is a limitation
- Exact limitations depend on the exact spectrometer, but 3 cases:
- **1) shapes with $<75\text{ns}$ per time point have to fit into the FIFO buffer.**
 - This buffer is small and you can't do decoupling in this regime.
- **2) shapes with $\sim <3\mu\text{s}/\text{point}$: everything must fit into waveform memory**
 - Limit is total number of time slices
 - Shorter time slice means shorter max dec period
- **3) shapes with $\sim >3\mu\text{s}/\text{point}$: no limit unless complex pulse sequence**
 - May sometimes need to make the time slices longer

Explicit decoupling allows longer aq..

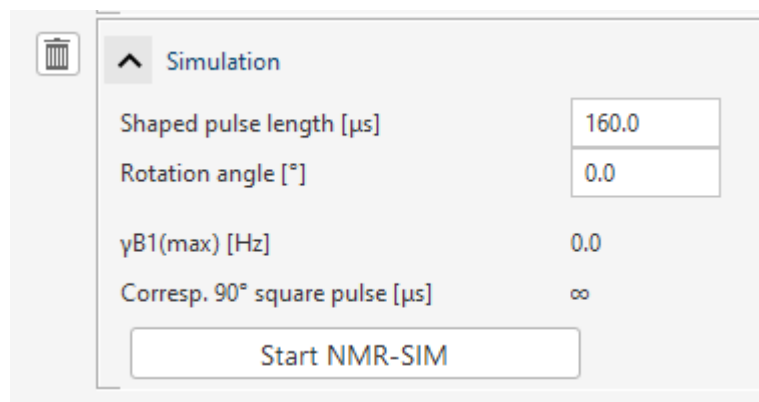
```
" l31=( nsdone+ds )%4+1"  
d1  
  
p1 ph1  
ACQ_START(ph30 ,ph31 )  
2u DWELL_GEN:f1  
3 (p63*0.5:sp14 ph21):f2  
  lo to 3 times l31  
4 (p63:sp31 ph21):f2  
  (p63:sp31 ph23):f2  
...  
  lo to 4 times l1
```

Phases needed for P5M4:
(360) Means in units of degrees!

```
ph22=( 360 ) 60  
ph23=( 360 ) 150  
ph24=( 360 ) 180  
ph25=( 360 ) 240  
ph26=( 360 ) 330
```

Notes on simulations

- These are done using stdisp/nmrsim
- These are approximations – experimental performance perhaps worse
- But: useful visualisation.
- Trick: to get 360deg pulse simulation to work, set flip angle to zero
- Then set power and calculation range manually



Simulation

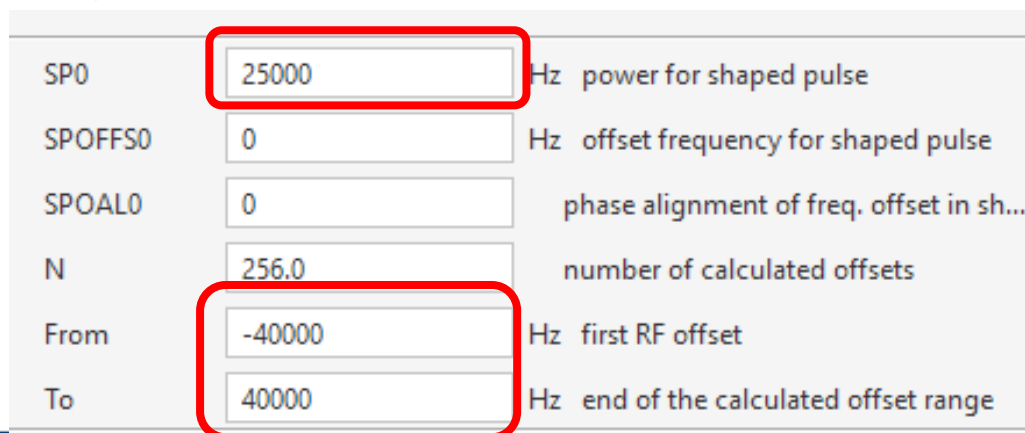
Shaped pulse length [μs] 160.0

Rotation angle [$^{\circ}$] 0.0

$\gamma\text{B1}(\text{max})$ [Hz] 0.0

Corresp. 90° square pulse [μs] ∞

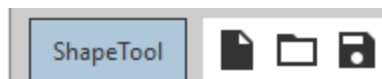
Start NMR-SIM



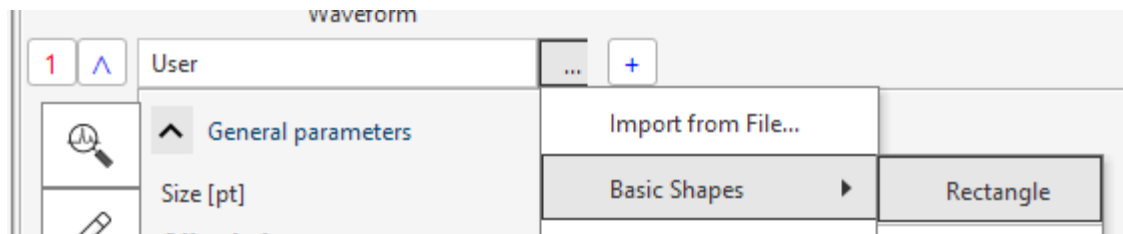
SPO	25000	Hz	power for shaped pulse
SPOFFS0	0	Hz	offset frequency for shaped pulse
SPOAL0	0		phase alignment of freq. offset in sh...
N	256.0		number of calculated offsets
From	-40000	Hz	first RF offset
To	40000	Hz	end of the calculated offset range

Basics of stdisp/nmrsim calculations

- Open a shape file:



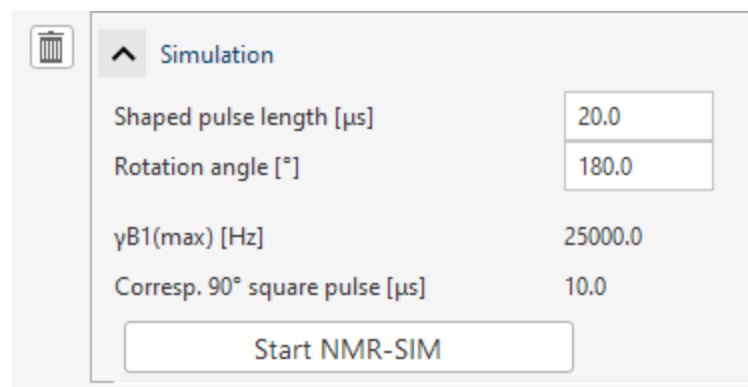
- or Create a new shape:



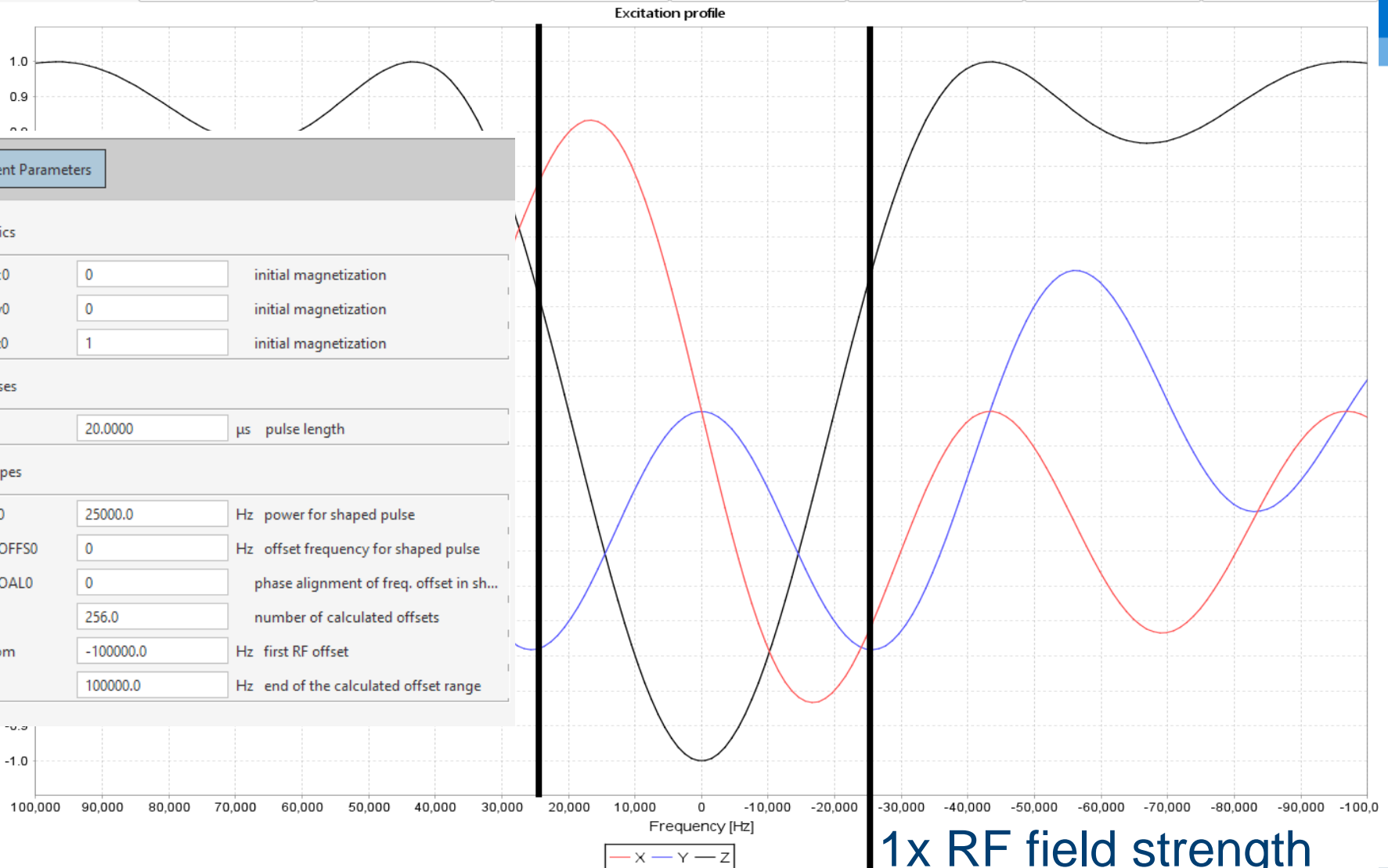
- Simulate:



- Set length and flip angle:

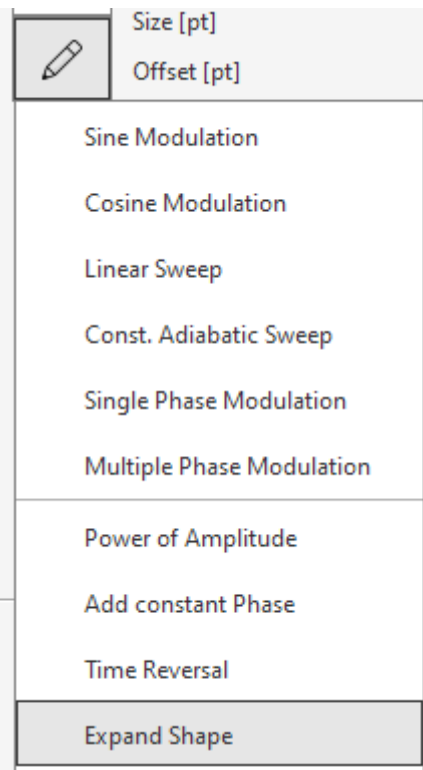


Example: hard 180

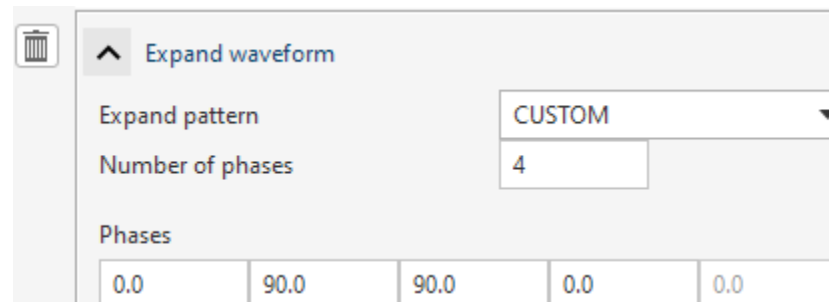


Broadband decoupling step 1 – composite pulse

- First problem: simple 180 is poor inversion element.
- Solution: “composite pulse” (Levitt et al 1980)
- Eg: $90_x 180_y 90_x$



A screenshot of a software menu for waveform editing. The menu is titled "Expand Shape" and is currently selected. It contains several options: Sine Modulation, Cosine Modulation, Linear Sweep, Const. Adiabatic Sweep, Single Phase Modulation, Multiple Phase Modulation, Power of Amplitude, Add constant Phase, Time Reversal, and Expand Shape. The "Expand Shape" option is highlighted in a darker shade.

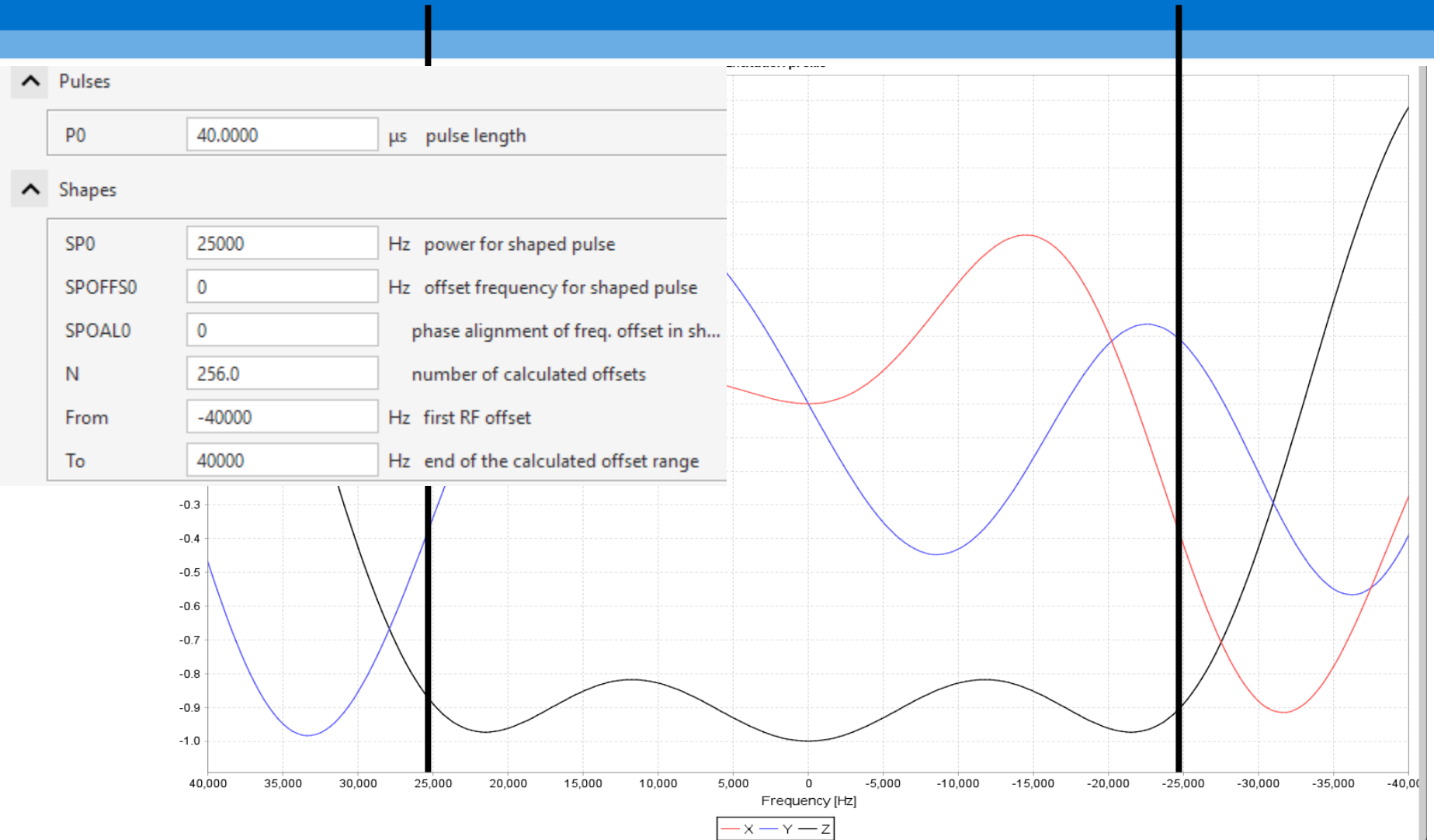


A screenshot of the "Expand waveform" dialog box. The dialog has a trash icon on the left. It contains the following fields and controls:

- Expand pattern: A dropdown menu set to "CUSTOM".
- Number of phases: A text input field containing the number "4".
- Phases: A table with five columns and one row of values.

Phases				
0.0	90.0	90.0	0.0	0.0

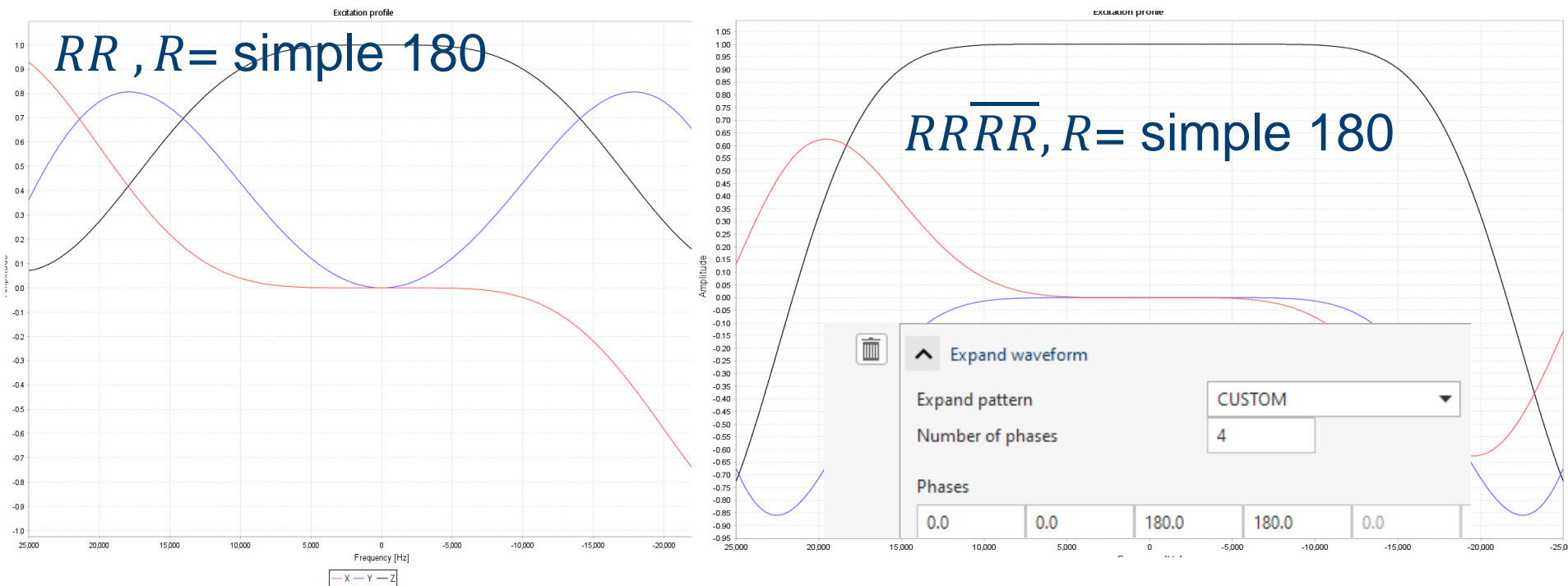
Composite pulse inversion profile



Broadband decoupling step 2 – supercycle

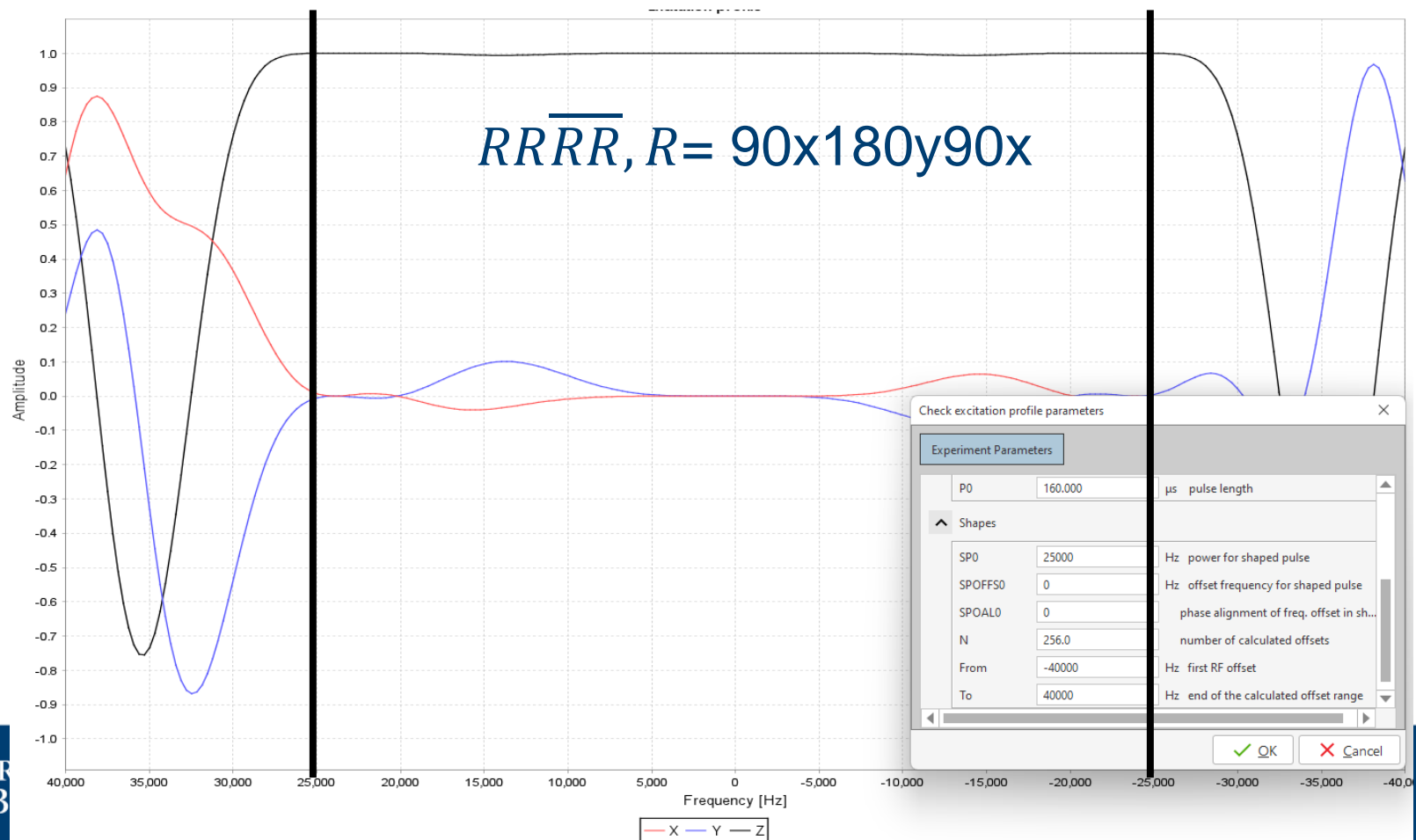
$RR\overline{RR}$ - MLEV4

- R is the inversion element, \overline{R} means 180 degree phase shift
- Ideally this should act like an exact 360 ie do nothing



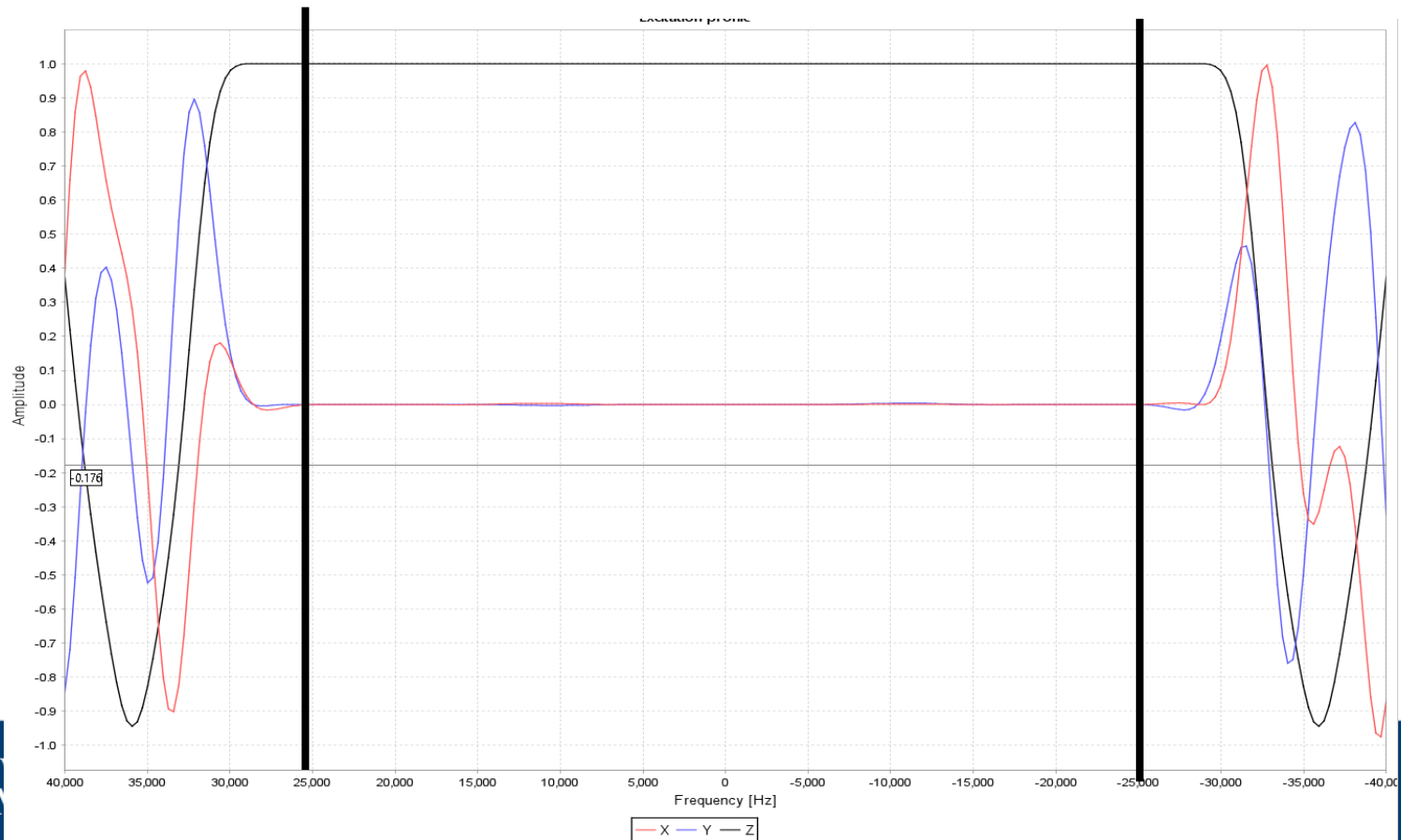
Composite pulse with supercycle

- Save the 90x180y90x as a shape and open it
- Apply the MLEV4 expansion



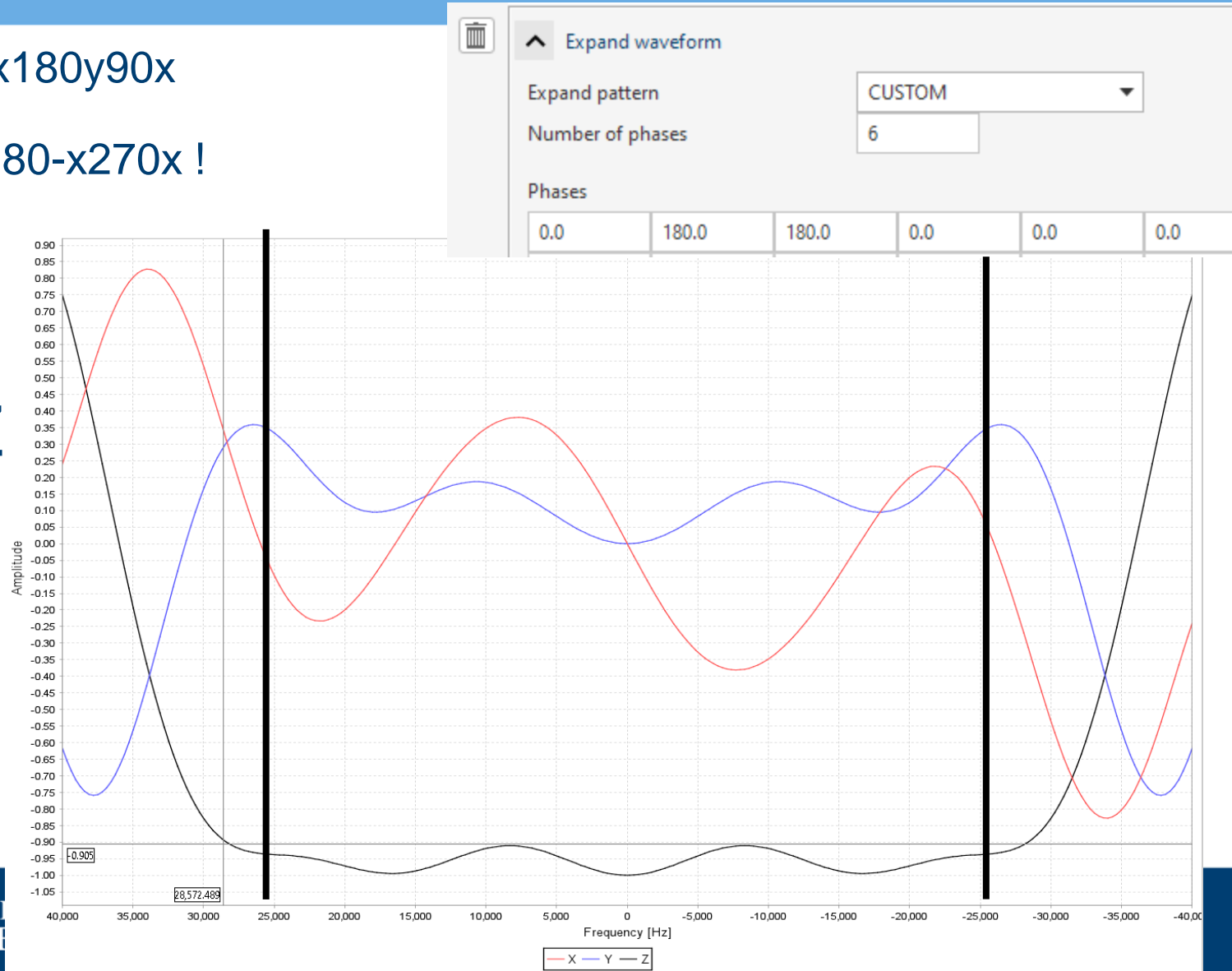
Broadband decoupling step 3 – cyclic permutation

- We can take an inversion element off the end of the cycle and add to beginning, repeat this and concatenate.
- MLEV-16: $\overline{RRRR} \overline{RRRR} \overline{RRRR} \overline{RRRR}$

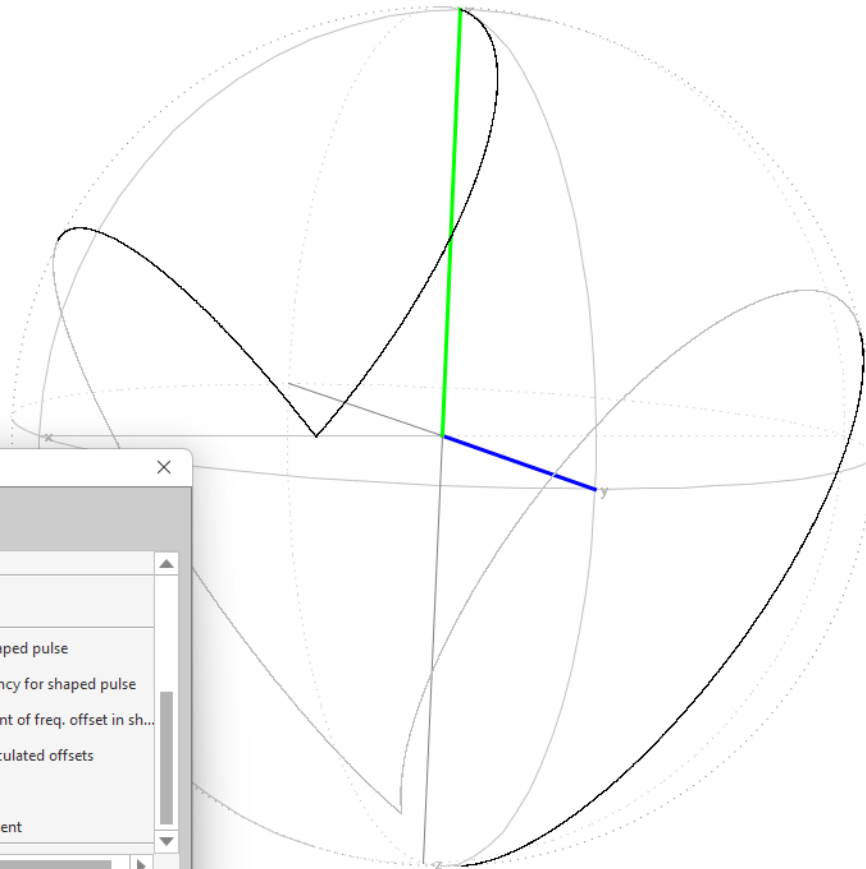


Next step: better composite pulse and supercycle

- Replace 90x180y90x
- Better: 90x180-x270x !
- $\overline{123}$
- WALTZ



Time evolution of 90x180-x270x



Check parameters for magnetization evolution

Experiment Parameters

P0 60.0000 μ s pulse length

Shapes

SP0	25000.0	Hz	power for shaped pulse
SPOFFS0	0	Hz	offset frequency for shaped pulse
SPOALO	0		phase alignment of freq. offset in sh...
N	1		number of calculated offsets
From	17000	Hz	first RF offset
Step	0	Hz	offset increment

OK Cancel

New supercycle: permute 90 degree pulse

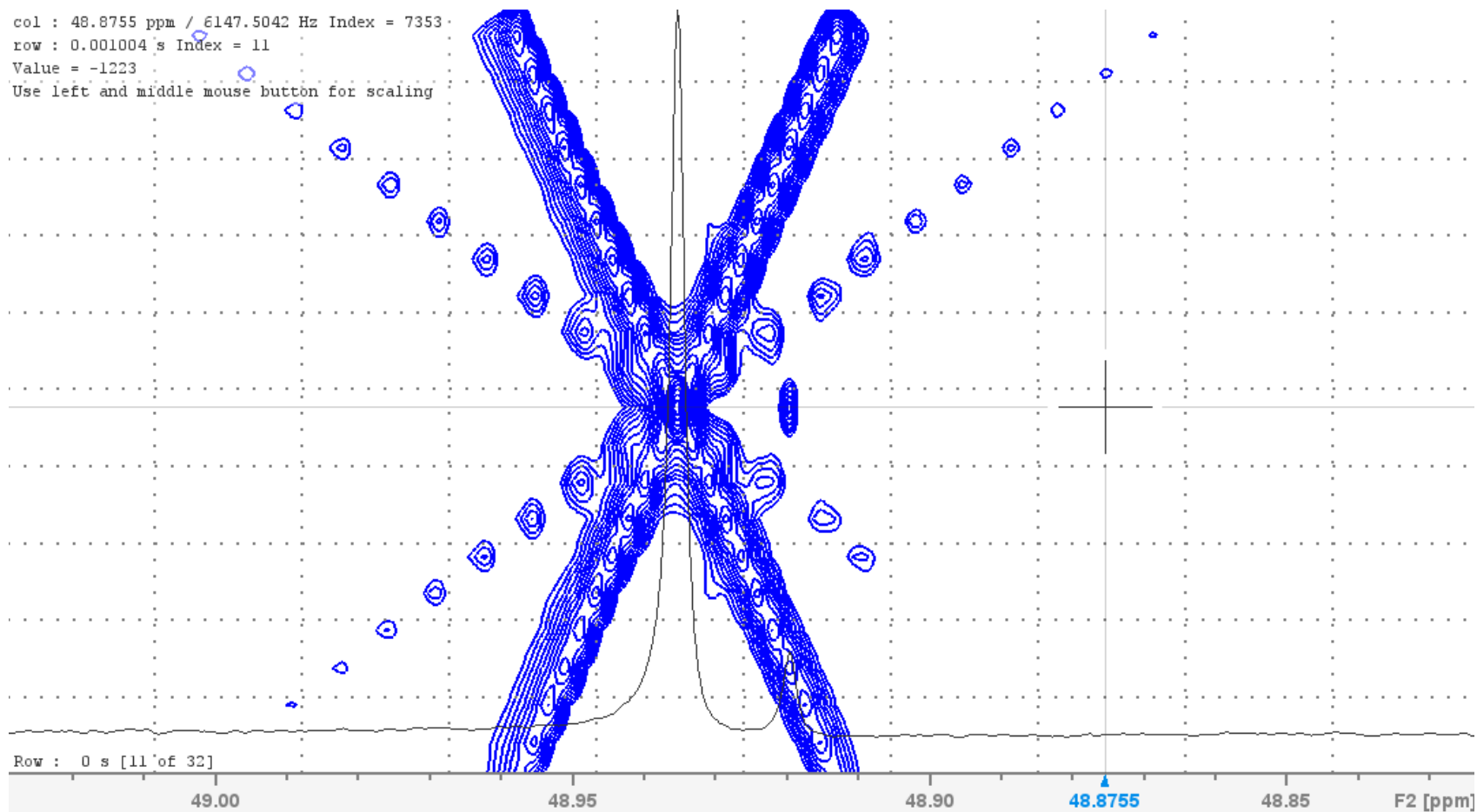
- $\bar{1}\bar{2}\bar{3} \bar{1}\bar{2}\bar{3} \bar{1}\bar{2}\bar{3} \bar{1}\bar{2}\bar{3}$ - WALTZ-4 this should be better than MLEV-4
- $\bar{2}\bar{4}\bar{2}\bar{3}\bar{1} \bar{2}\bar{4}\bar{2}\bar{3}\bar{1} \bar{2}\bar{4}\bar{2}\bar{3}\bar{1} \bar{2}\bar{4}\bar{2}\bar{3}\bar{1}$ - WALTZ-8 $\overline{K\bar{K}\bar{K}\bar{K}}$
- $\bar{3}\bar{4}\bar{2}\bar{3}\bar{1}\bar{2}\bar{4}\bar{2}\bar{3} \bar{3}\bar{4}\bar{2}\bar{3}\bar{1}\bar{2}\bar{4}\bar{2}\bar{3} \bar{3}\bar{4}\bar{2}\bar{3}\bar{1}\bar{2}\bar{4}\bar{2}\bar{3} \bar{3}\bar{4}\bar{2}\bar{3}\bar{1}\bar{2}\bar{4}\bar{2}\bar{3} = \overline{Q\bar{Q}\bar{Q}\bar{Q}} = \text{WALTZ-16}$

Experimental validation

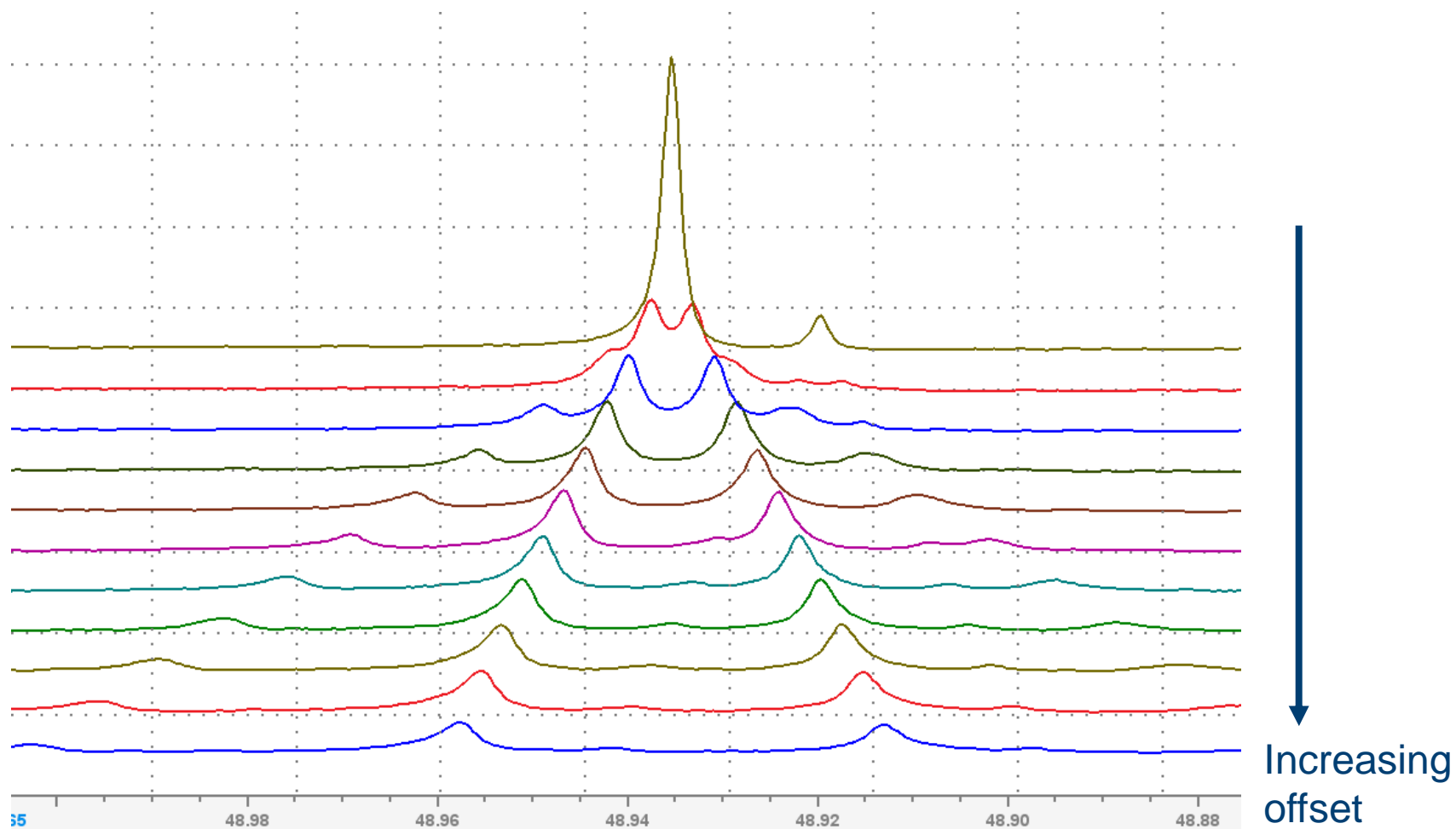
- To really check the results we need to measure spectra
- I have used POPT here; we can save the data as pseudo-2D
- Need to have FT params set correctly
 - FT_MOD = FQC
 - PH_MOD = PK
 - WDW = whatever you want

CW decoupling 2.2kHz RF field

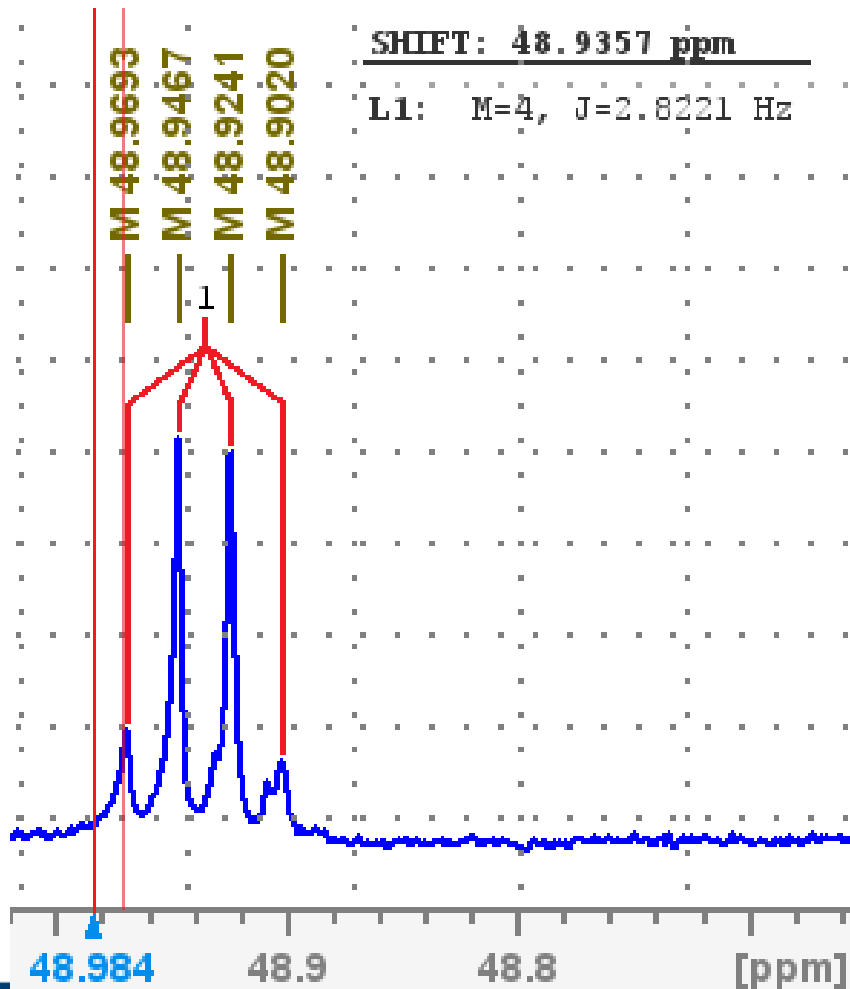
col : 48.8755 ppm / 6147.5042 Hz Index = 7353
row : 0.001004 s Index = 11
Value = -1223
Use left and middle mouse button for scaling



CW decoupling



Scaling under CW decoupling



Offset = 50Hz

Nominal RF field 2200Hz

Actual coupling 140Hz

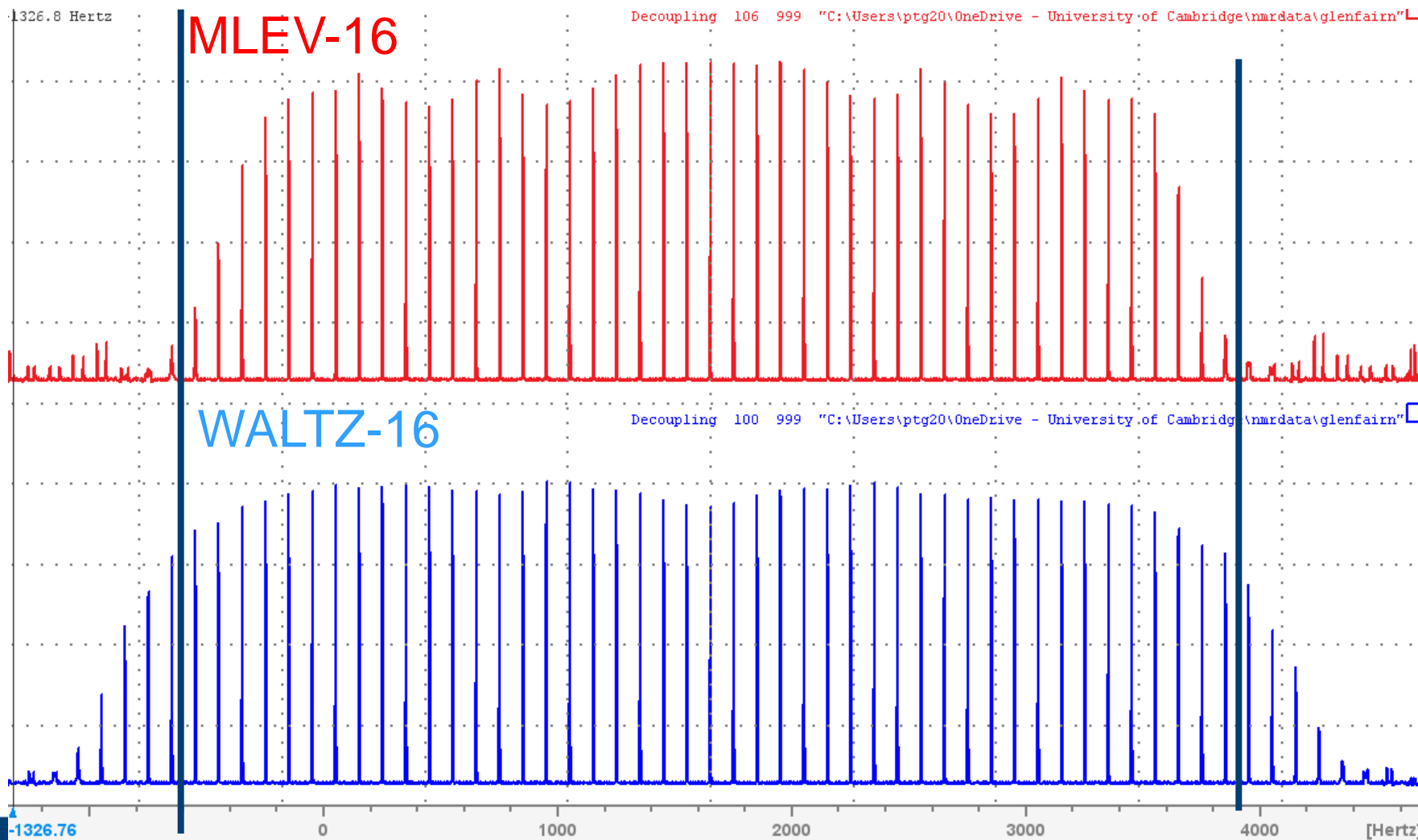
Scaling factor = offset/RF field

$140 \cdot 50 / 2200 = 3.18\text{Hz}$

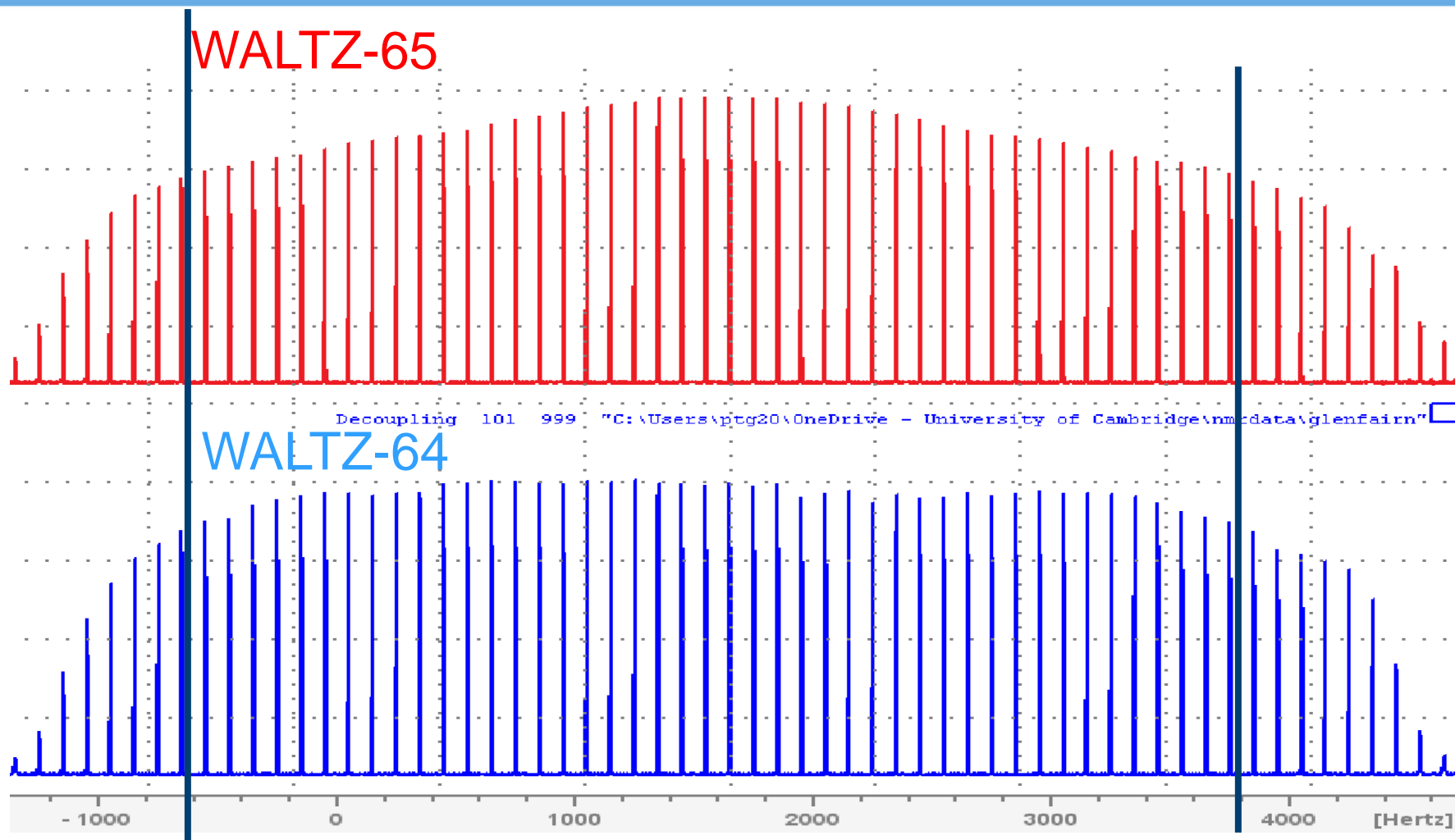
Working backwards:

$\text{RF field} = 140 \cdot 50 / 2.28 = 2482\text{Hz}$

CPD bandwidth +/- 1x RF field strength



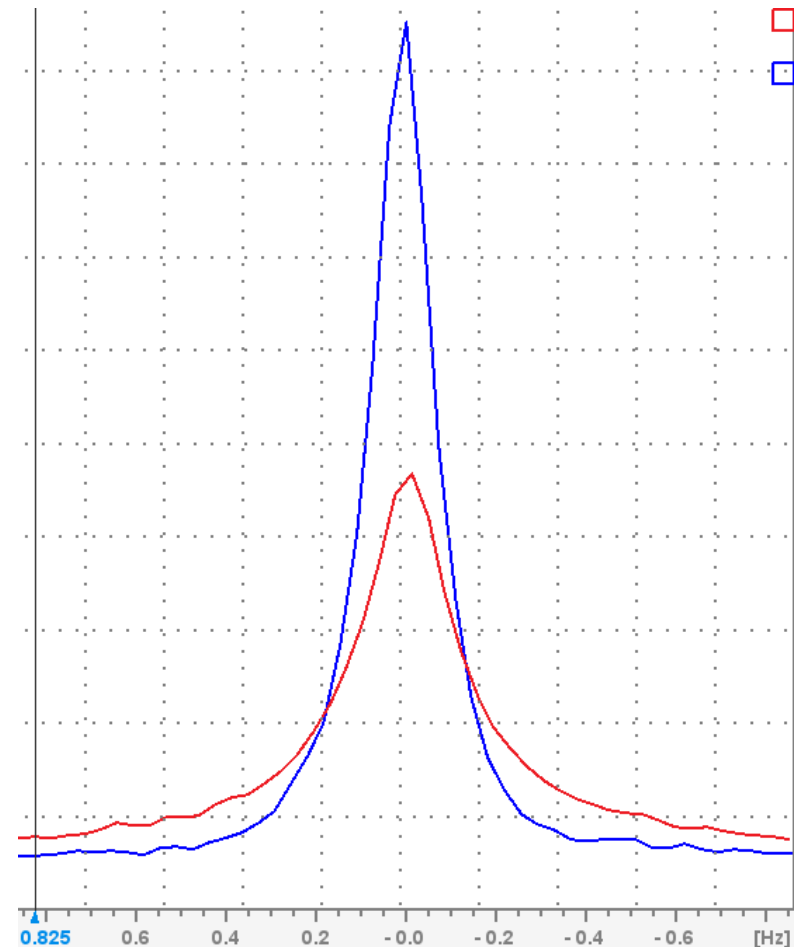
CPD bandwidth +/- 1x RF field strength



Looking closely:

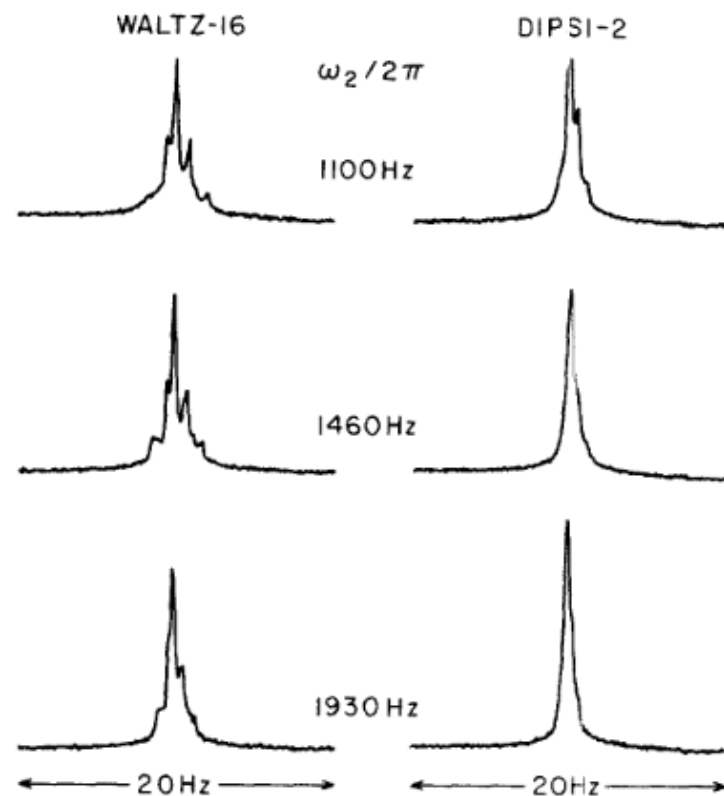
- WALTZ-16: on res linewidth $\sim 0.16\text{Hz}$
 - Not a real sample!
- Linewidth at $+2300\text{Hz} = 0.26\text{Hz}$
- Still \sim insignificant broadening
- Better magnet, spinning:

Width[Hz/ppm] = 0.074/



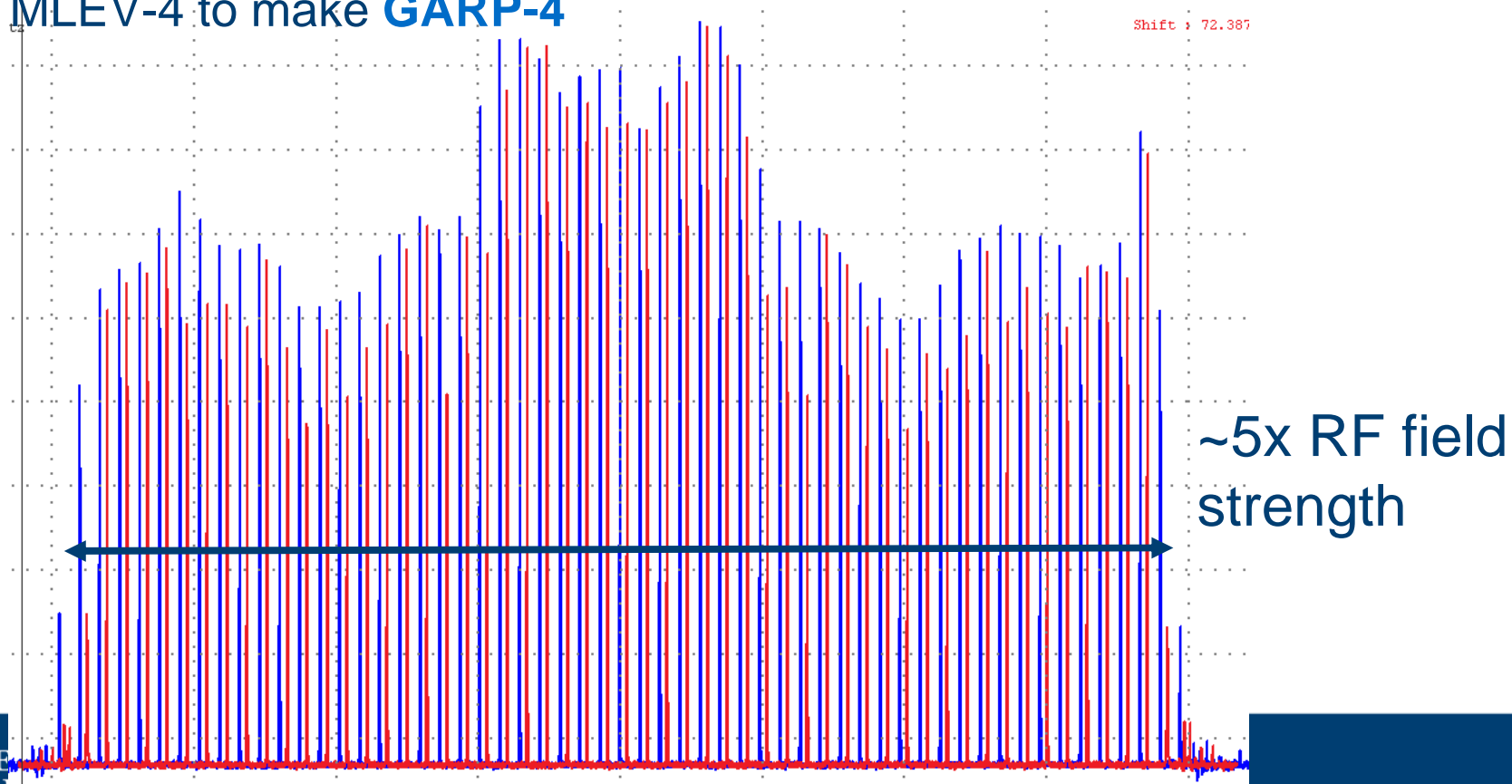
Interference of homonuclear coupling

- Most decoupling schemes evaluated for I-S pair
- What if coupling between the nuclei that are being decoupled?
- Example: ethyl iodide
- DIPSI-2 vs WALTZ-16:



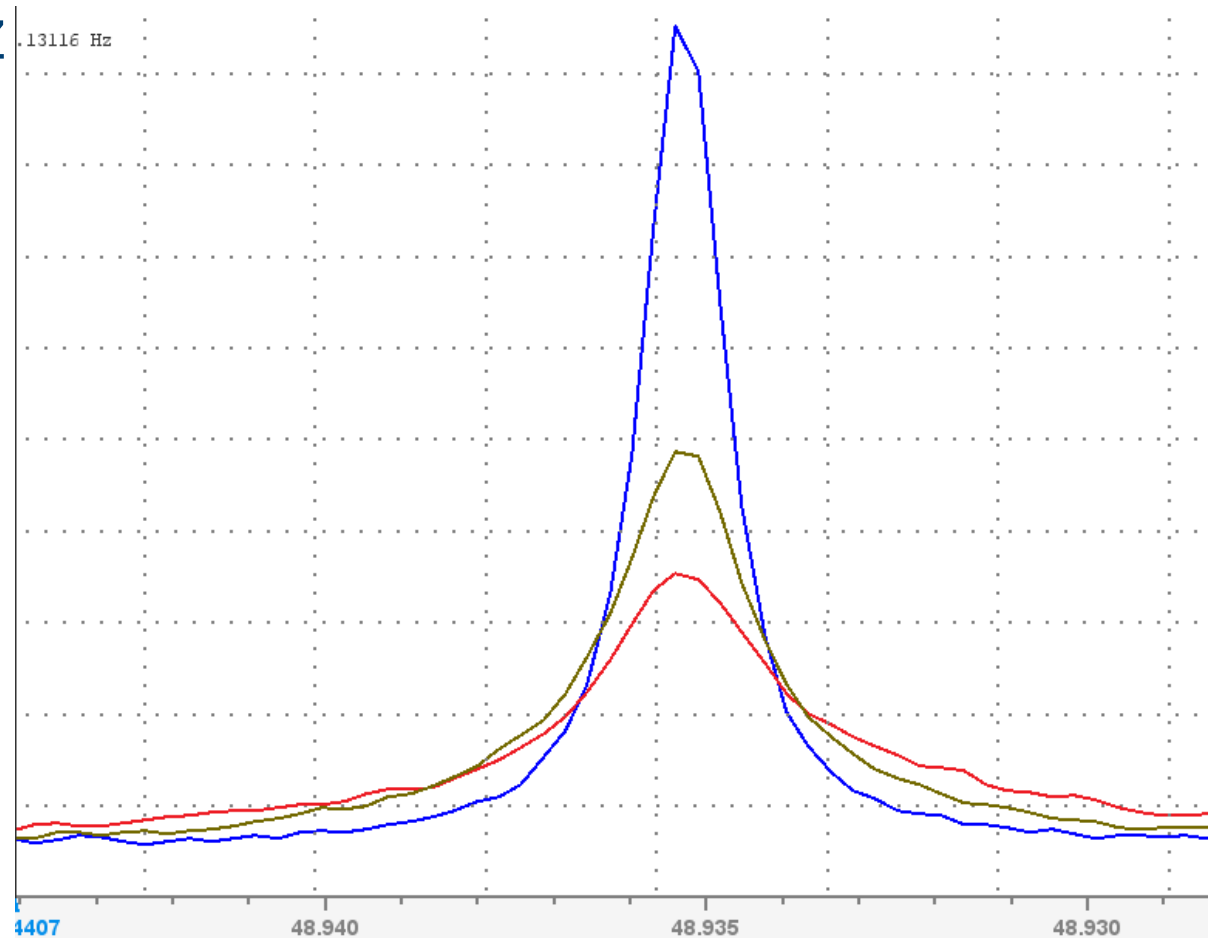
More bandwidth?

- WALTZ-16/64 is only enough for proton decoupling
- **GARP-1** (Globally optimised Alternating-phase Rectangular Pulses)
- Add MLEV-4 to make **GARP-4**



GARP performance

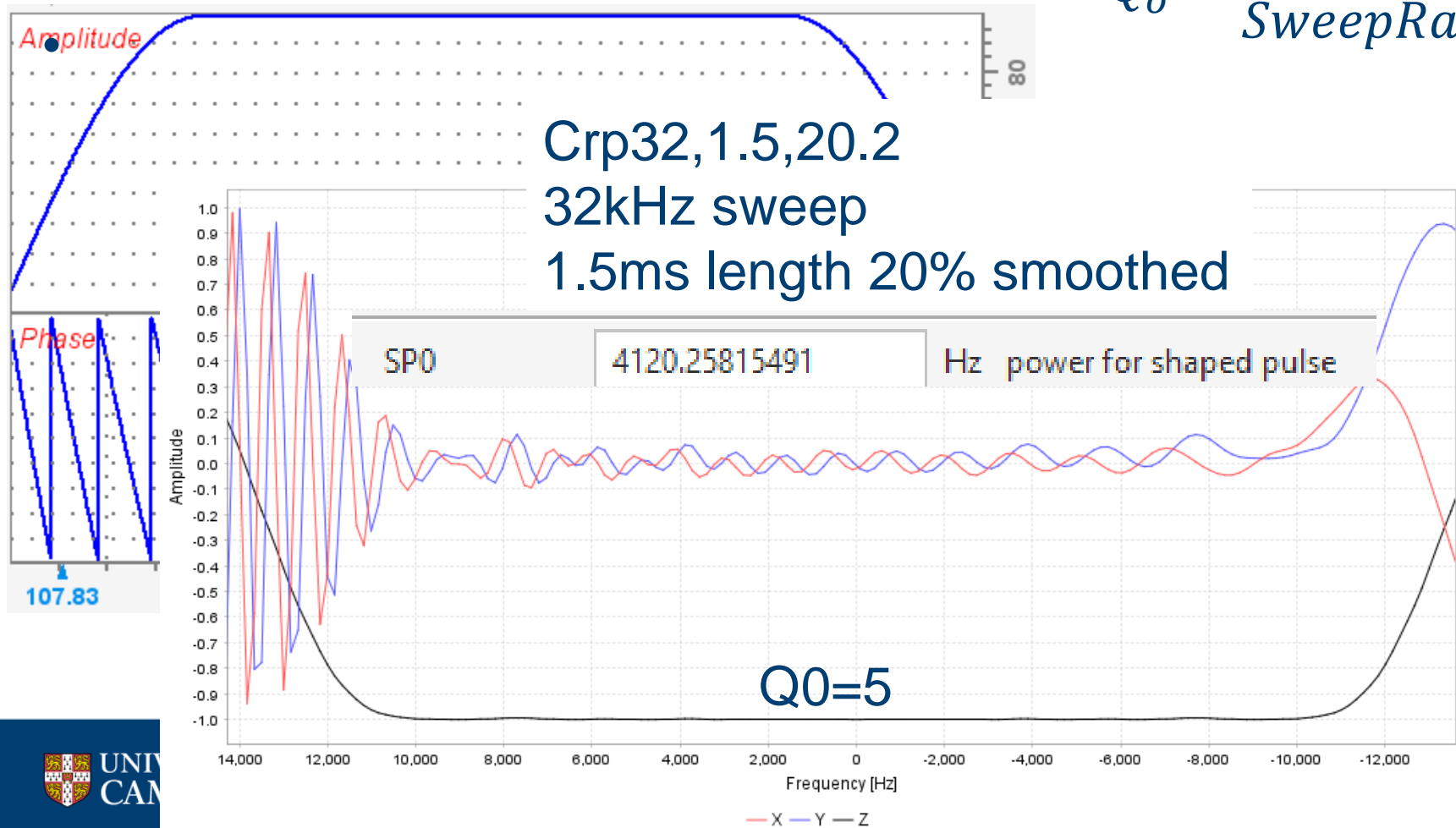
- Best case: 0.17Hz ~WALTZ
- Worst (GARP) 0.38Hz
- Worst (GARP4) 0.29Hz



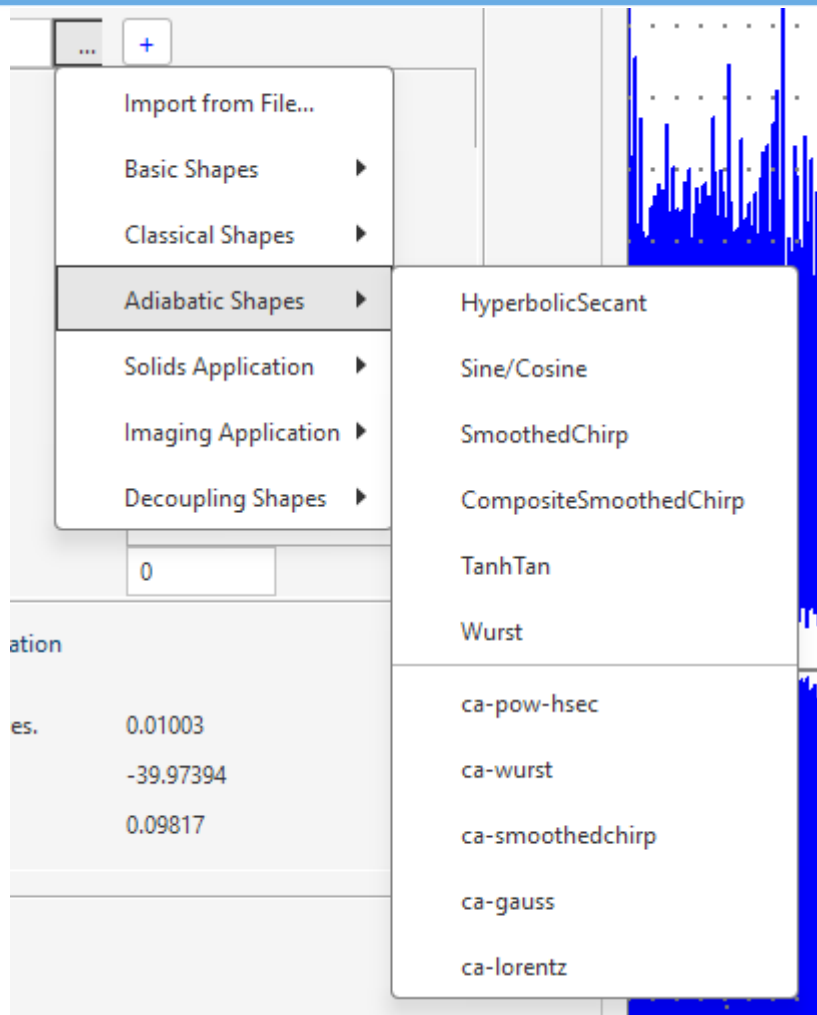
Even more bandwidth?

- Broadband inversion? **Adiabatic pulses**

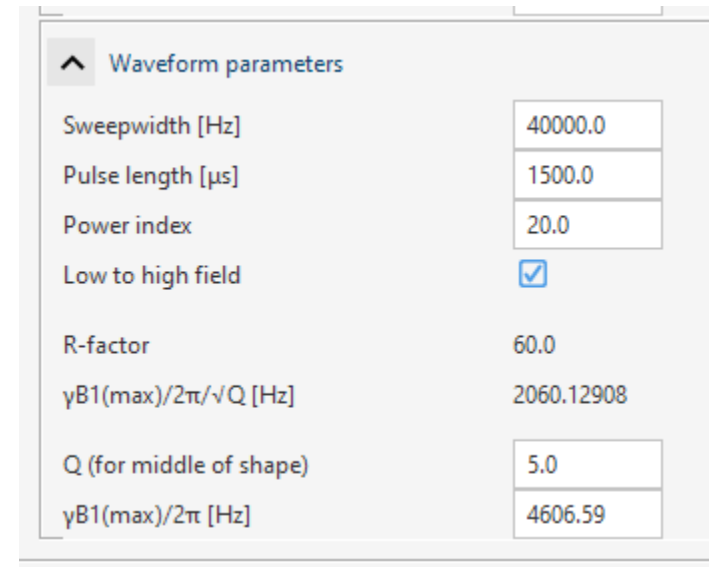
$$Q_0 = \frac{2\pi * RF^2}{SweepRate}$$



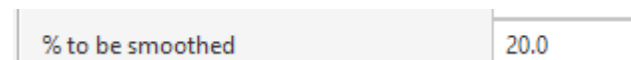
Creating adiabatic pulses



WURST

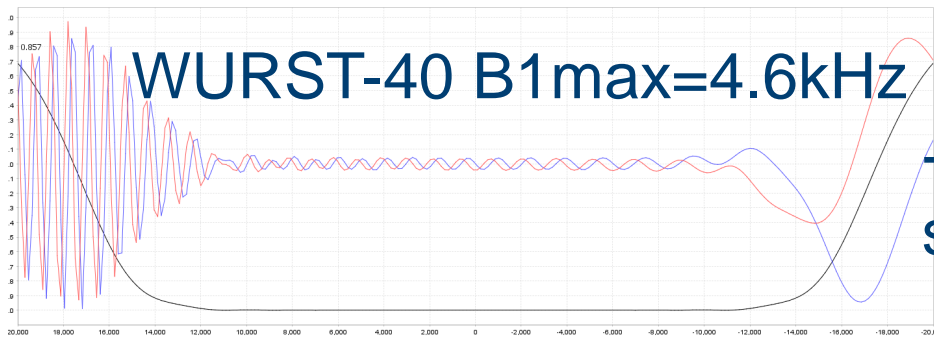
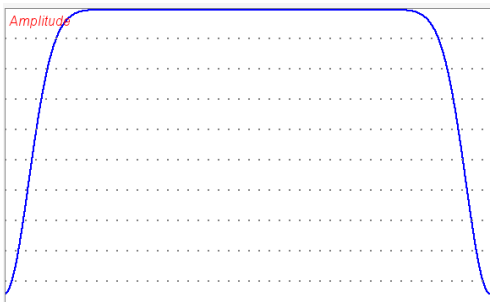
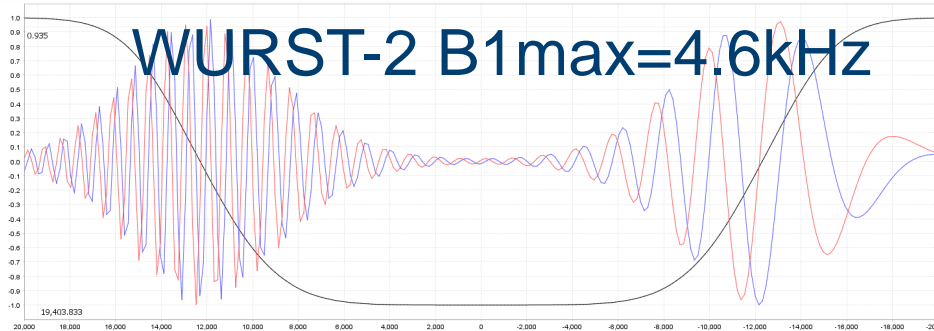
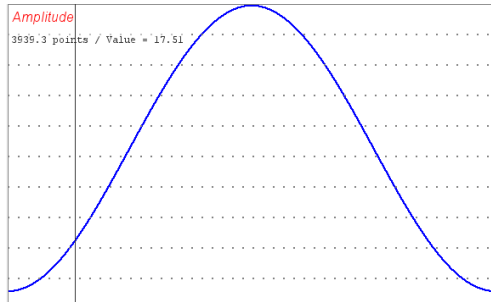


Smoothed Chirp

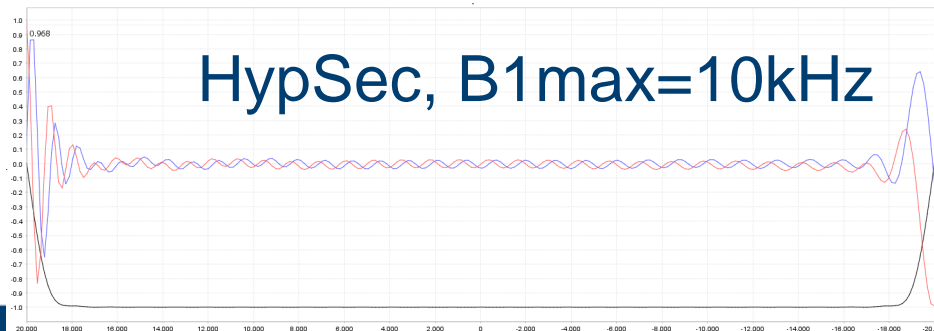
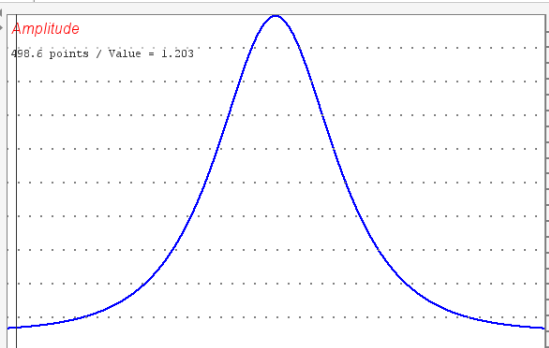


Amplitude and phase modulation

Fixed 1.5ms pulse length and 60kHz sweep



+/- 20 kHz
shown



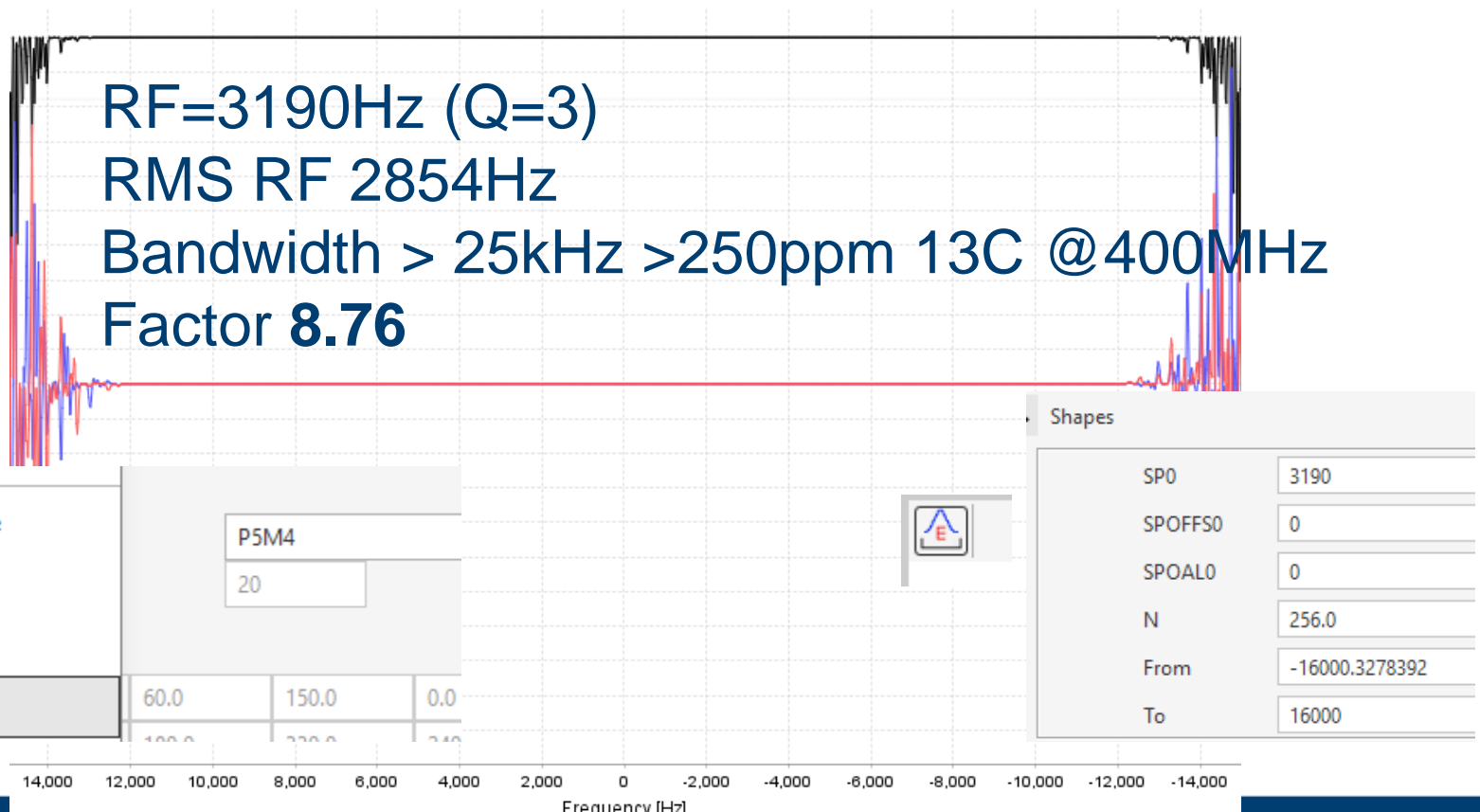
Power setting in adiabatic pulses

```
20 | ### SHAPE_INTEGFAC= 1.0444279E-01
```

- Q=5 is fine for normal inversion
- Unnecessarily high for decoupling with supercycle
- Change integral factor in shape file
- $$= \frac{\textit{Length of hard pulse of same flip angle and RF field}}{\textit{Length of shaped pulse}}$$
- $Q \propto \text{RF}^2$
- To change Q by a factor, change SHAPE_INTEGFAC by square root of that eg Q=5 \rightarrow Q=3 increase SHAPE_INTEGFAC by factor $\text{SQRT}(5/3)$

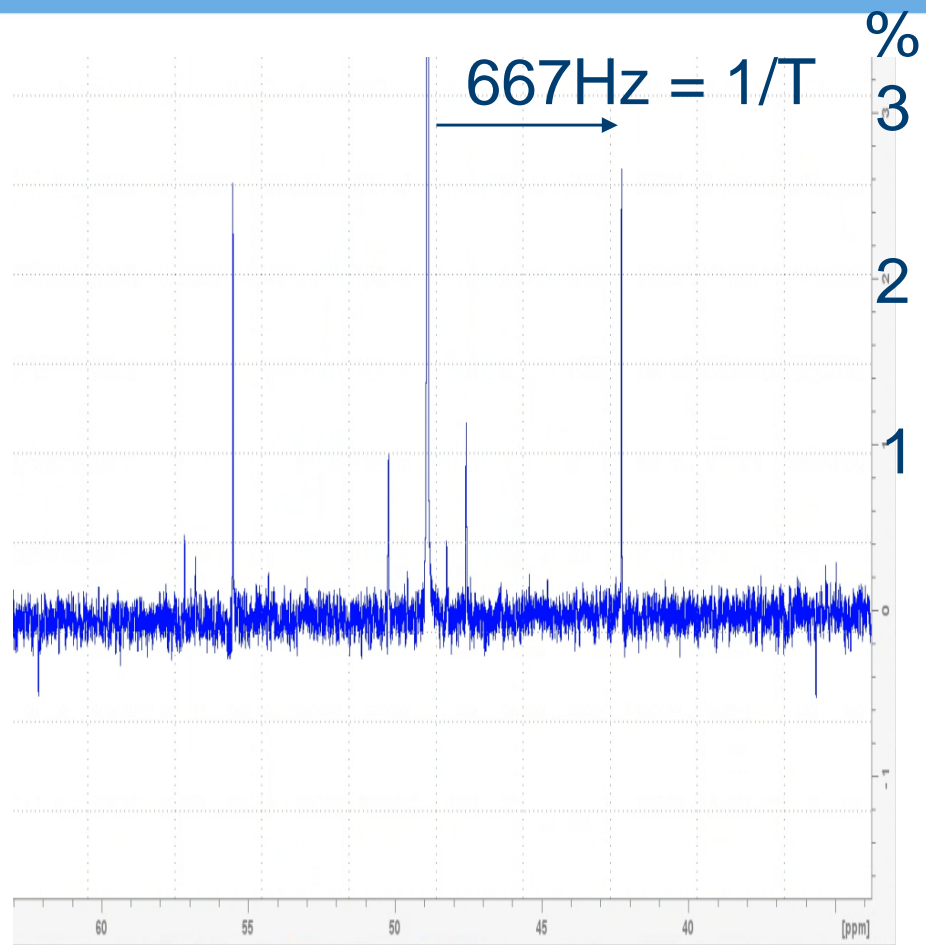
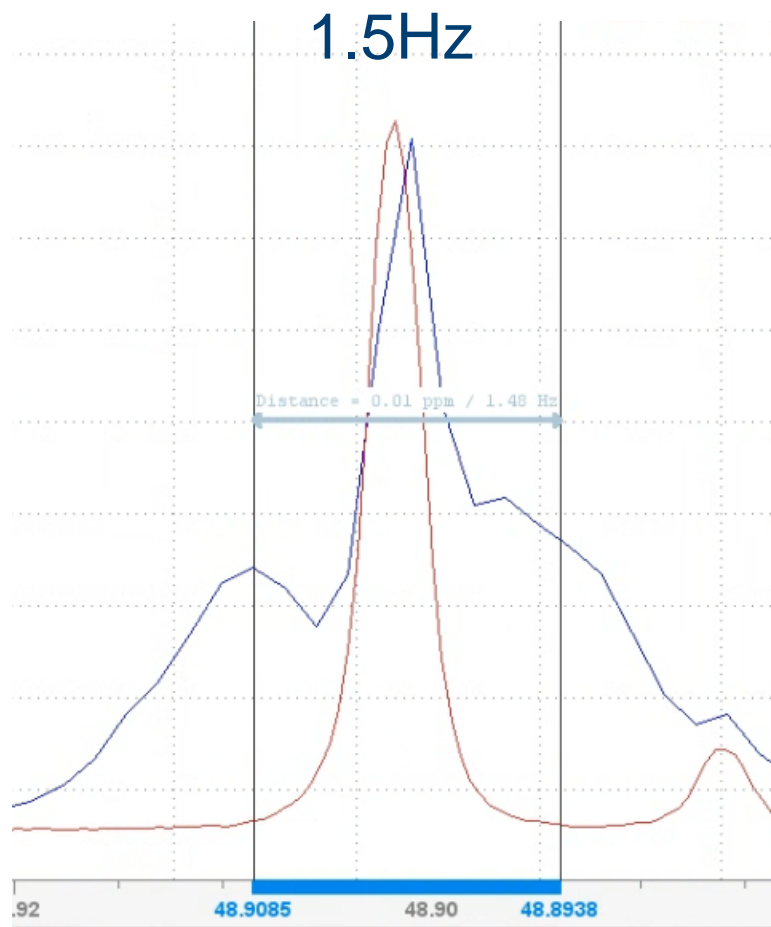
Add supercycle, reduce power

- “P5M4” = $RR\overline{RR}$ where $R = 180_0 \ 180_{150} \ 180_{60} \ 180_{150} \ 180_0$



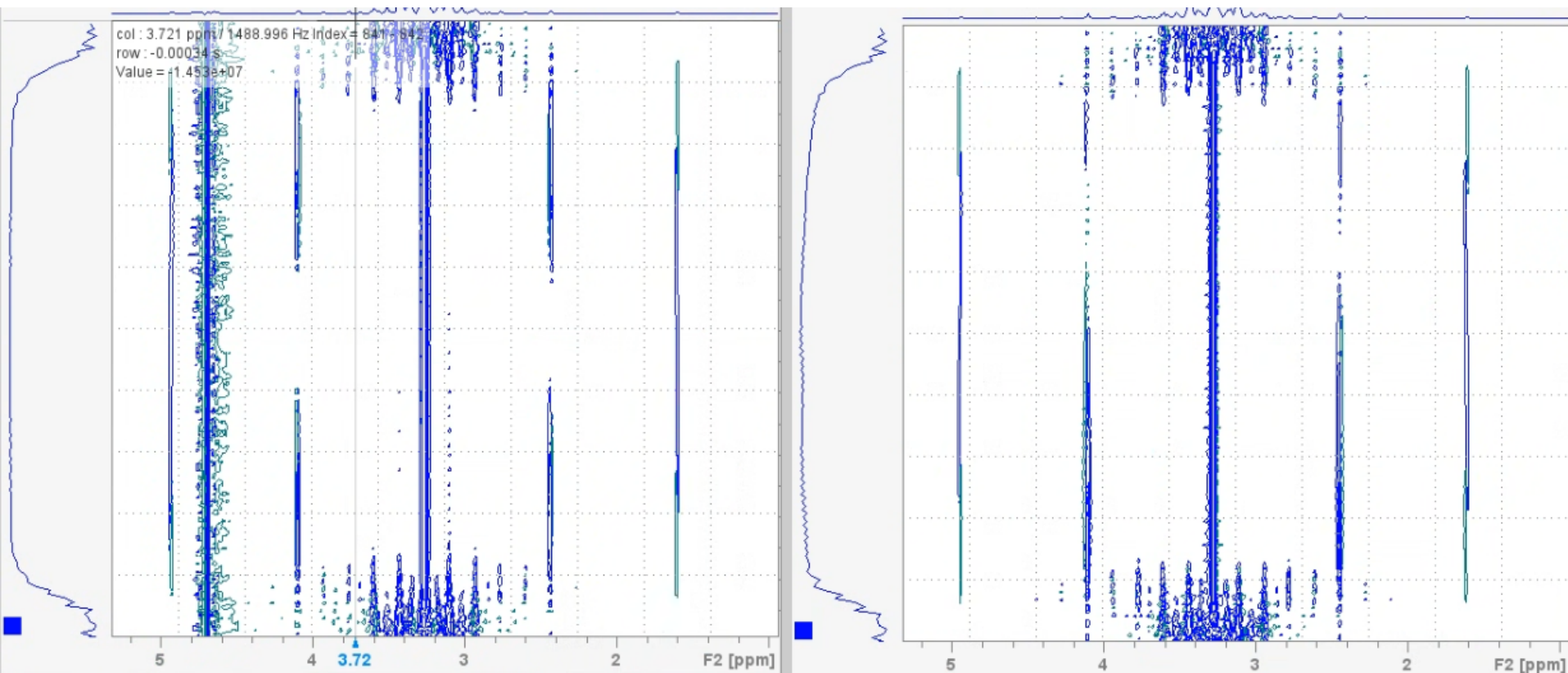
Results of adiabatic decoupling in $^{13}\text{C}\{^1\text{H}\}$:

- **Waltz, Adiabatic**



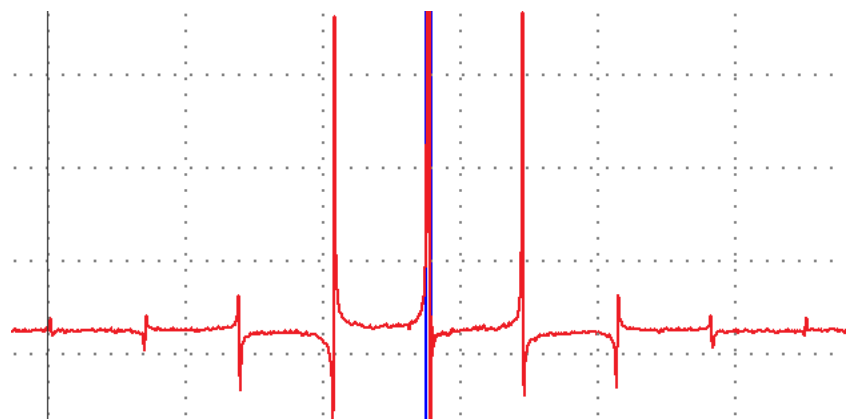
Decoupling sidebands

- Indirect dimension is decoupler offset
- 1D proton (^{13}C labelled MeOH) vs HSQC, p5m4sp180.2



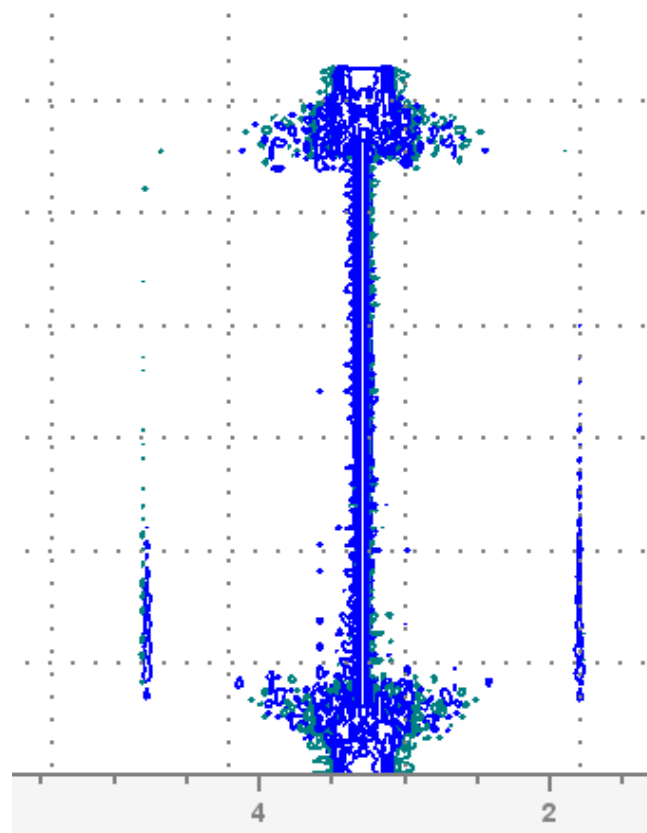
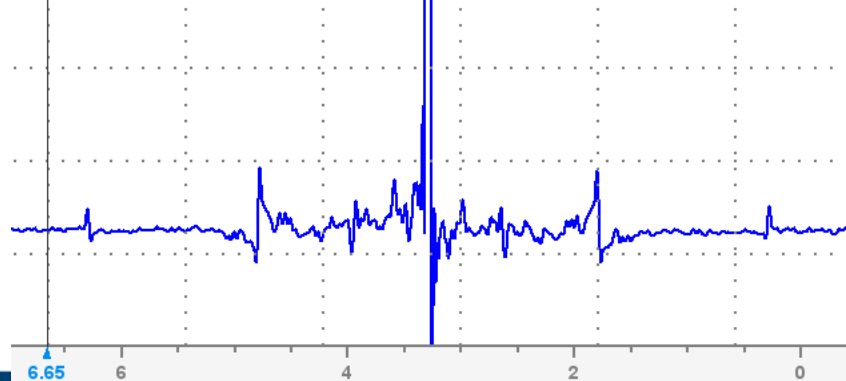
Reducing sidebands: eg STUD+

Crp32, P5M4, offset -11kHz



Scale : 2.000 Decoupling 61999 999 "C:\Users\ptg20\OneDrive - University o

HypSec, STUD+, offset -11kHz



What about sidebands in normal CPD?

- Sidebands are still there, just usually less obvious

- 1 scan

- $\text{pcpd2}=128\mu\text{s}$

($\approx 90\mu\text{s}$ @ $J=200\text{Hz}$)

Decoupler on resonance

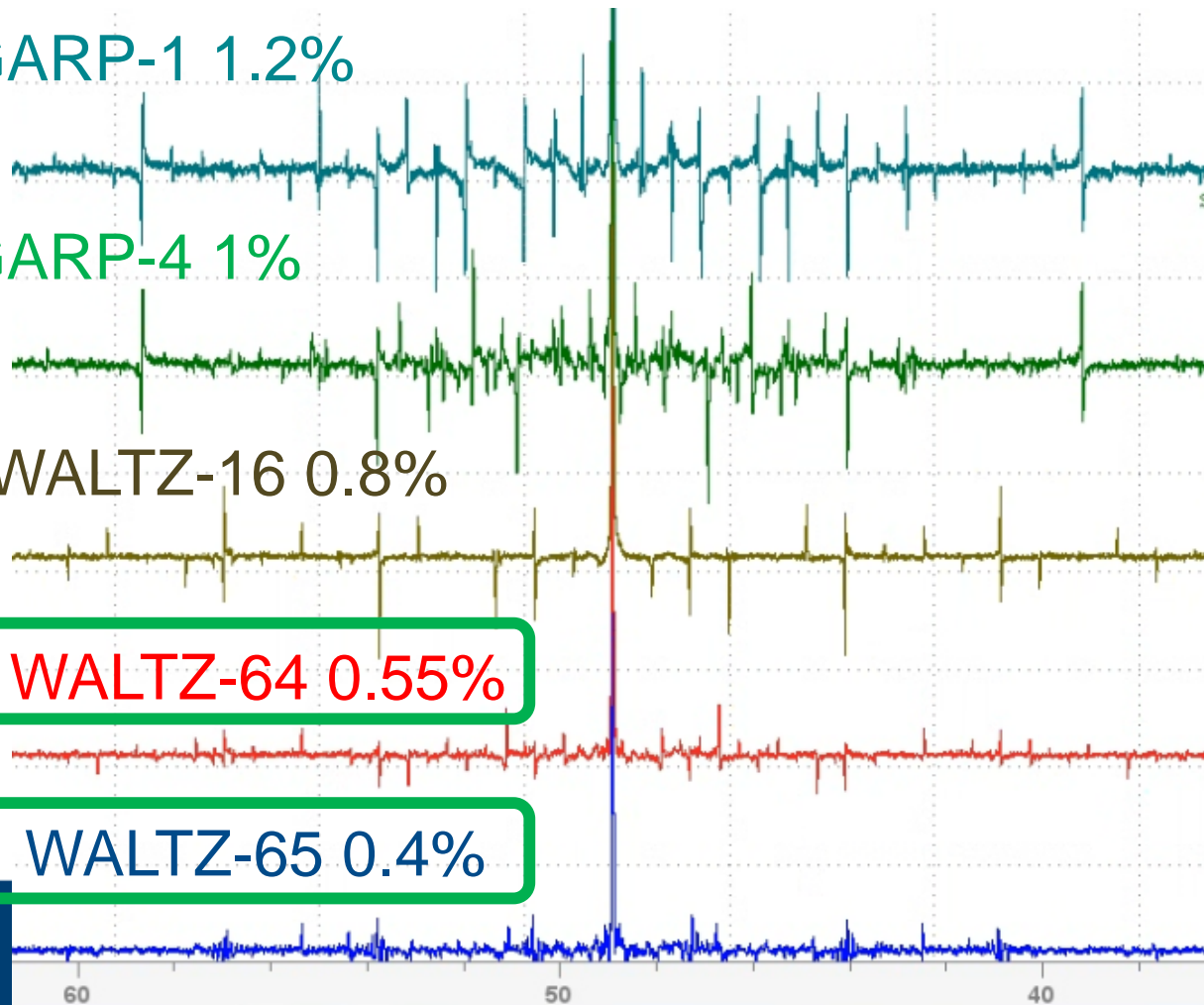
GARP-1 1.2%

GARP-4 1%

WALTZ-16 0.8%

WALTZ-64 0.55%

WALTZ-65 0.4%



“synchronous” vs “asynchronous” CPD

CPD - asynchronous

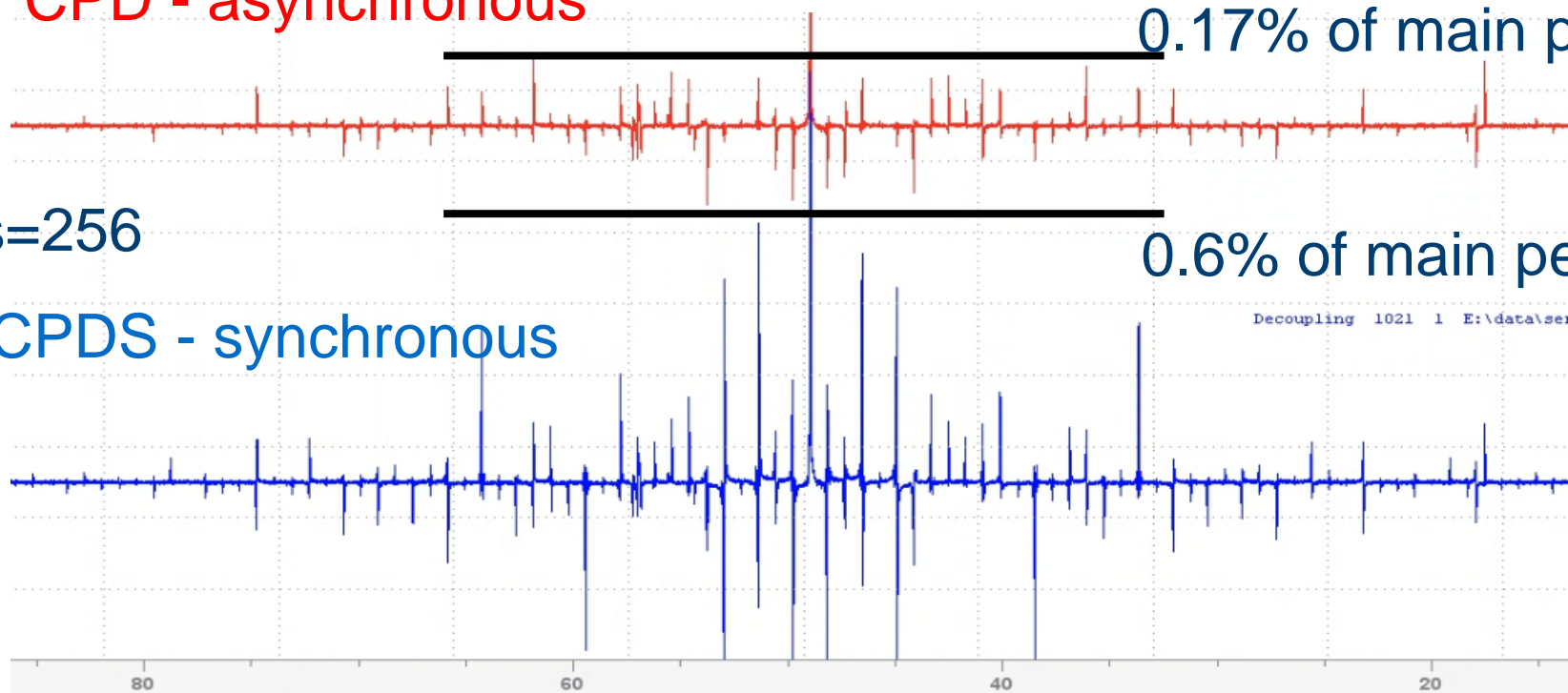
0.17% of main peak

ns=256

0.6% of main peak

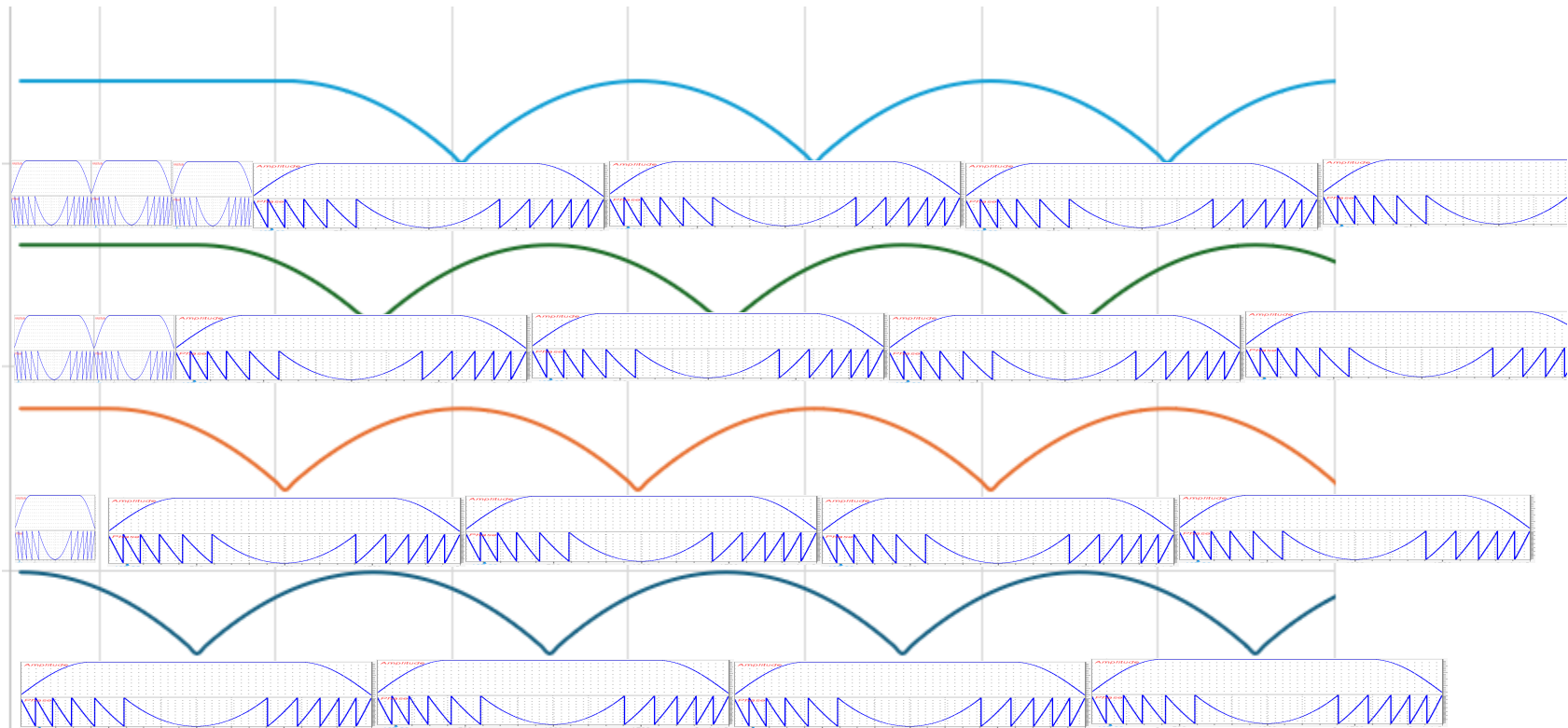
CPDS - synchronous

Decoupling 1021 1 E:\data\ser



Bilevel decoupling

- Controlled cancellation of decoupling sidebands?



Bilevel cpd programs: bi_p5m4sp_4sp.2

```
1 #setphase
2 bilev "l3l=(nsdone+ds)%4+1"
3 1 p63*0.5:sp14:0 pl=sp14
4   lo to 1 times l3l
5   p63:sp31:0 pl=sp31
6 2 p63:sp31:150
7   p63:sp31:60
```

Bilev statement forces synchronous CPD

Number of loops to do set by nsdone

SP31 for main part

SP14 for bilevel part

P63 for length of main pulse

SPNAM 14	<input type="text" value="Crp32,0.75,20.2"/>	<input type="button" value="..."/>	<input type="button" value="E"/>	File name for SP14
SPOAL14	<input type="text" value="0.500"/>			Phase alignment of freq. offset in SP14
SPOFFS14 [Hz]	<input type="text" value="0"/>			Offset frequency for SP14
SPW14 [W, -dBW]	<input type="text" value="1.2921"/>	<input type="text" value="-1.11"/>		Shaped pulse power SPW14
SPNAM 31	<input type="text" value="Crp32,1.5,20.2"/>	<input type="button" value="..."/>	<input type="button" value="E"/>	File name for SP31
SPOAL31	<input type="text" value="0.500"/>			Phase alignment of freq. offset in SP31
SPOFFS31 [Hz]	<input type="text" value="0"/>			Offset frequency for SP31
SPW31 [W, -dBW]	<input type="text" value="0.64603"/>	<input type="text" value="1.90"/>		Shaped pulse power SPW31

Shapes for bilevel adiabatic decoupling

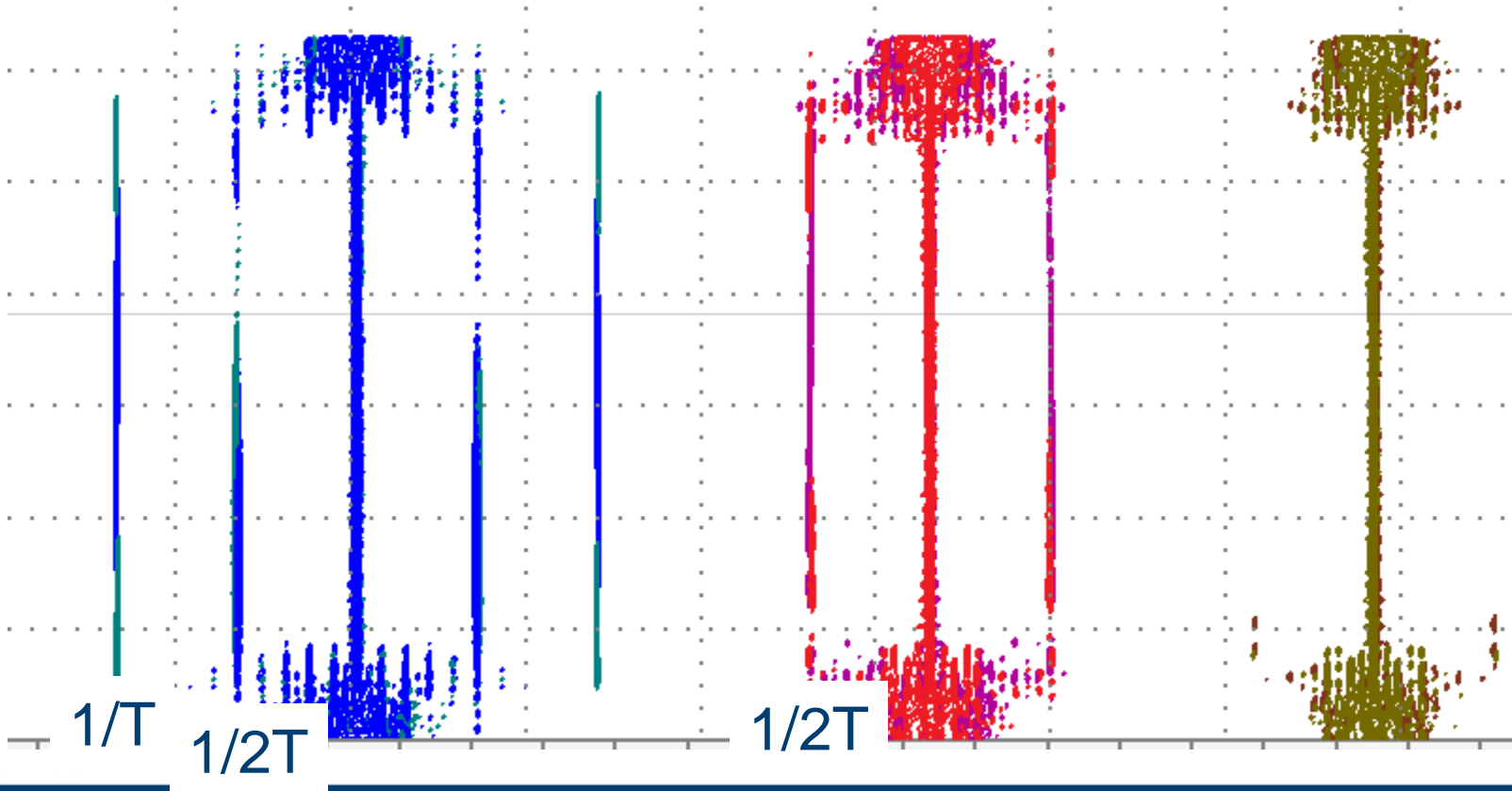
- Historically we just used the same shape for both parts
- But running the same shape in half time doubles the sweep =. 4x power
- Make new shape => only twice power

12	adiabatic decoupling	Crp32,1.5,20.2	...	3191.54	1500.00	0.64603
13	adiab. decoupling (bilev part)	Crp32,0.75,20.2	...	4513.52	750.00	1.2921

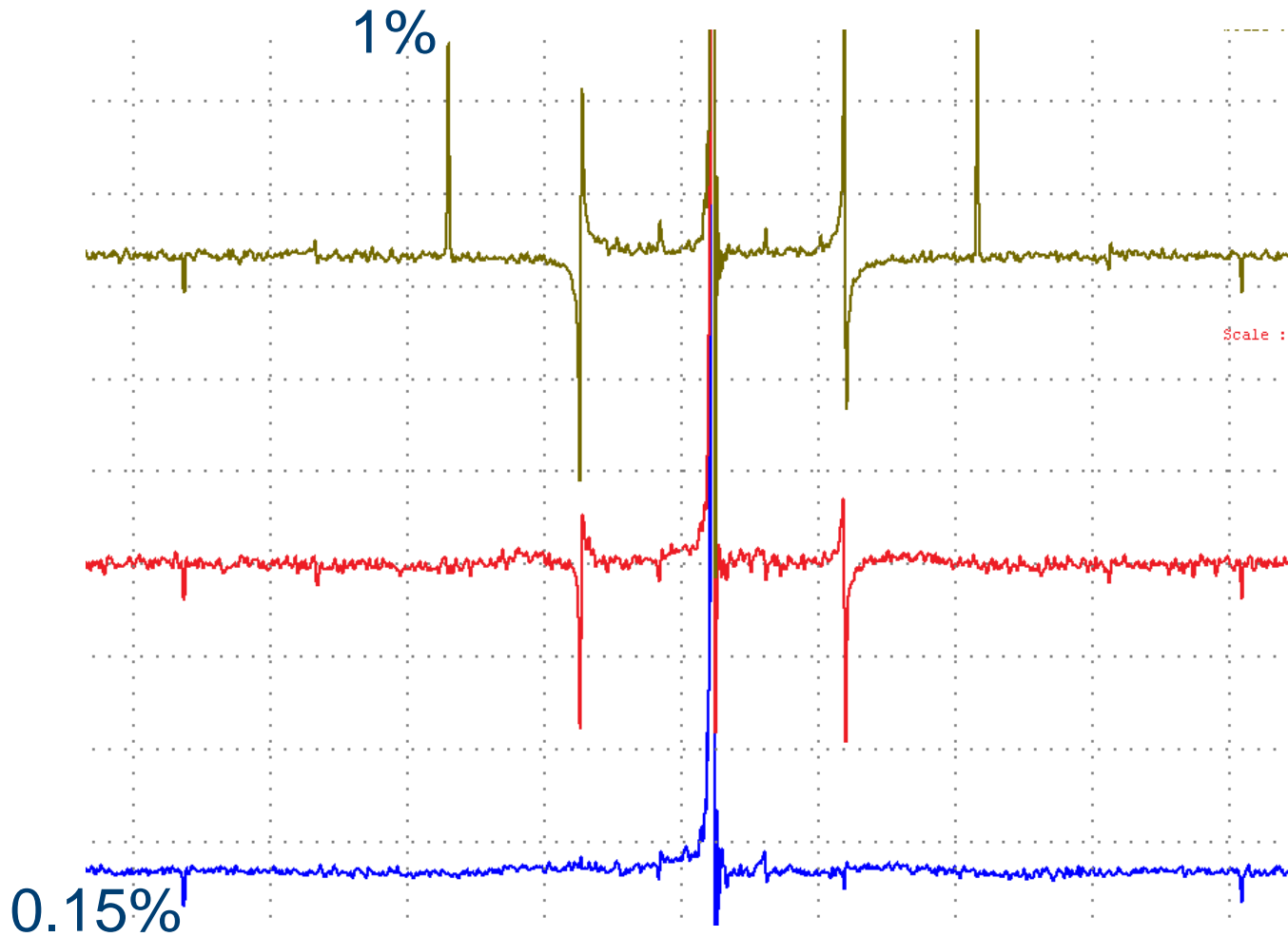
- Shapes adjusted for low Q – need to do this if making your own

Adiabatic bilevel decoupling results

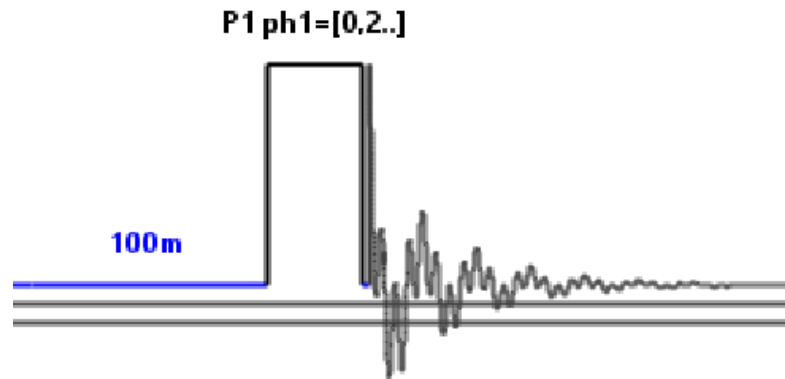
- 1 scan, 2 scans, 4 scans
- Lowest contour 0.5% of highest point



On resonance slices



Bilevel decoupling in zgpgg: bi_waltz65_128 / 256



- Start decoupling before excitation pulse

```
1 | bilev "l3l=(nsdone+ds)%128+1"  
2 | 1 pcpd*3.68133:0  
3 |   lo to 1 times l3l  
4 | 2 pcpd*3:0           ; R  
5 |   pcpd*4:180  
6 |   pcpd*2:0  
7 |   pcpd*3:180
```



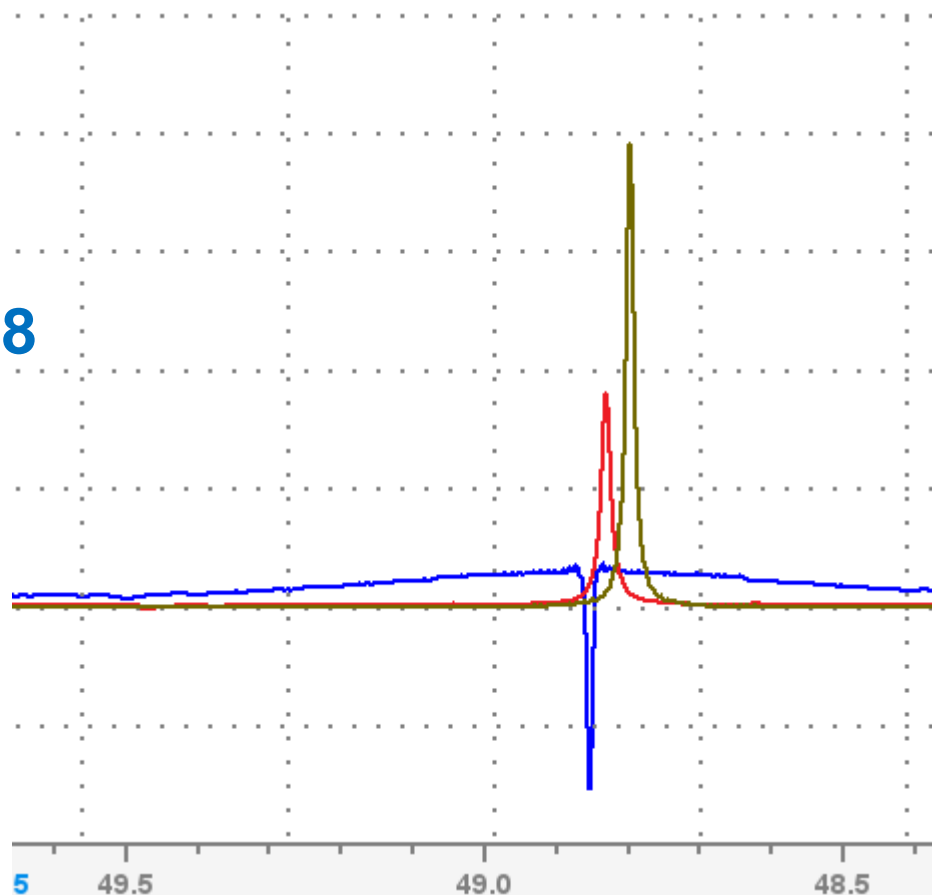
- CW decoupling period in this 100ms
- Start point of CPD sequence varies in controlled manner

DEPT experiments (also relevant for zgig)

ns=8, waltz65

ns= 8, bi_waltz65_128

ns= 32, bi_waltz65_128



Bilevel decoupling in zgig / DEPT

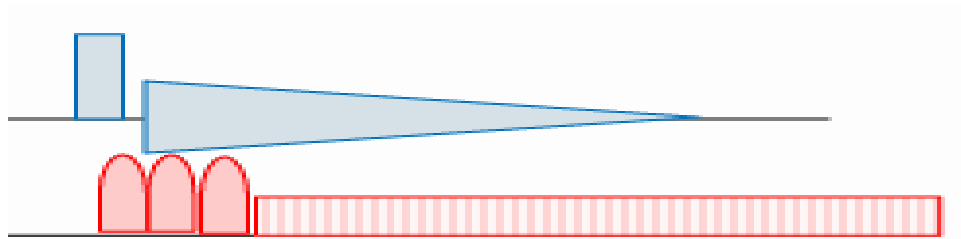
- Can't use this trick as is – v bad decoupling in CW part
- PL switching: cpdprg2=bi_waltz16_32pl

```
1  bilev "l31=(nsdone+ds)%32+1"  
2  1 pcpd*1.500:0 p1=p131  
3    lo to 1 times l31  
4    pcpd*3:180 p1=p130  
5  2 pcpd*4:0
```

0	cpd	2777.78	90.00	0.14578
6	bilev cpd (cw part)	5555.56	45.00	0.58311

Shaped pulse bilevel decoupling

Clemens Anklin, Bruker US, unpublished?



Use shaped pulses for bilev part – eg BIP720,0.5,20.1

Supercycle the shapes eg P5M4

```
1 bilev "131=(nsdone+ds)%128+1"  
2 1 p63:sp15 ph21^ p1=sp15  
3 10 to 1 times 131  
4 2 pcpd*3:0 p1=p112 ; R  
5 pcpd*4:180
```

Pulse has to have a certain length,
related to CPD supercycle length

```
148 pcpd :0
```

```
149 jump to 2
```

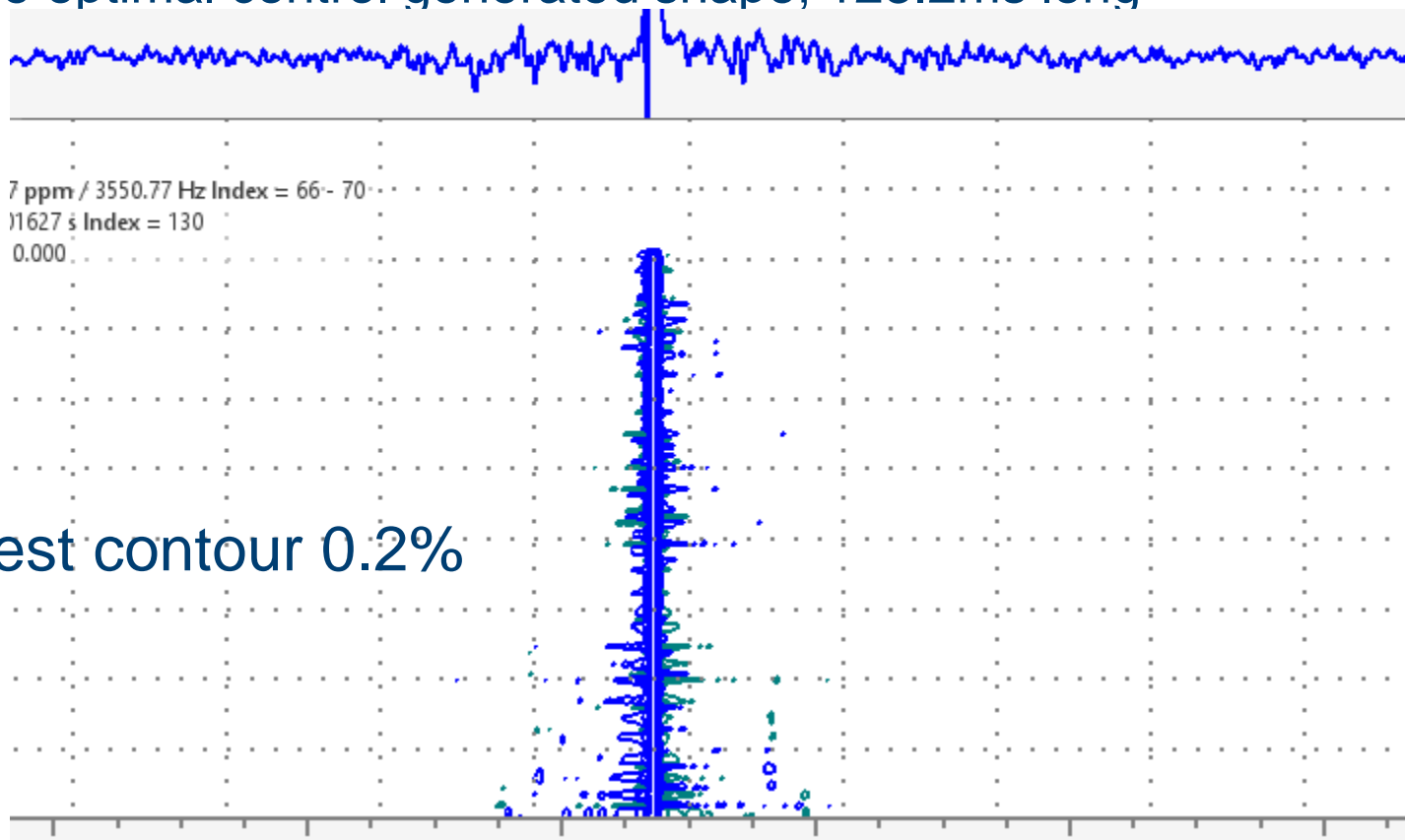
```
150 ph21=(360) 0 150 60 150 0 0 150 60 150 0 180 330 240 330 180 180 330 240 330 180
```

BUSS decoupling

Next-Generation Heteronuclear Decoupling for High-Field Biomolecular NMR Spectroscopy†

[Dr. Franz Schilling](#), [Dr. Lisa R. Warner](#), [Dr. Naum I. Gershenson](#), [Prof. Dr. Thomas E. Skinner](#) ✉
[Prof. Dr. Michael Sattler](#) ✉ [Prof. Dr. Steffen J. Glaser](#) ✉

- Single optimal control generated shape, 123.2ms long



BUSS decoupling

```
8 ##$SHAPE_PARAMETERS= Type: 123.2ms RFmax=14.043kHz RFrms=4.4kHz BW=47kHz miscal=0
```

CPDPRG 2

...

E

File name for cpd2

SPNAM 63

...

E

File name for SP63

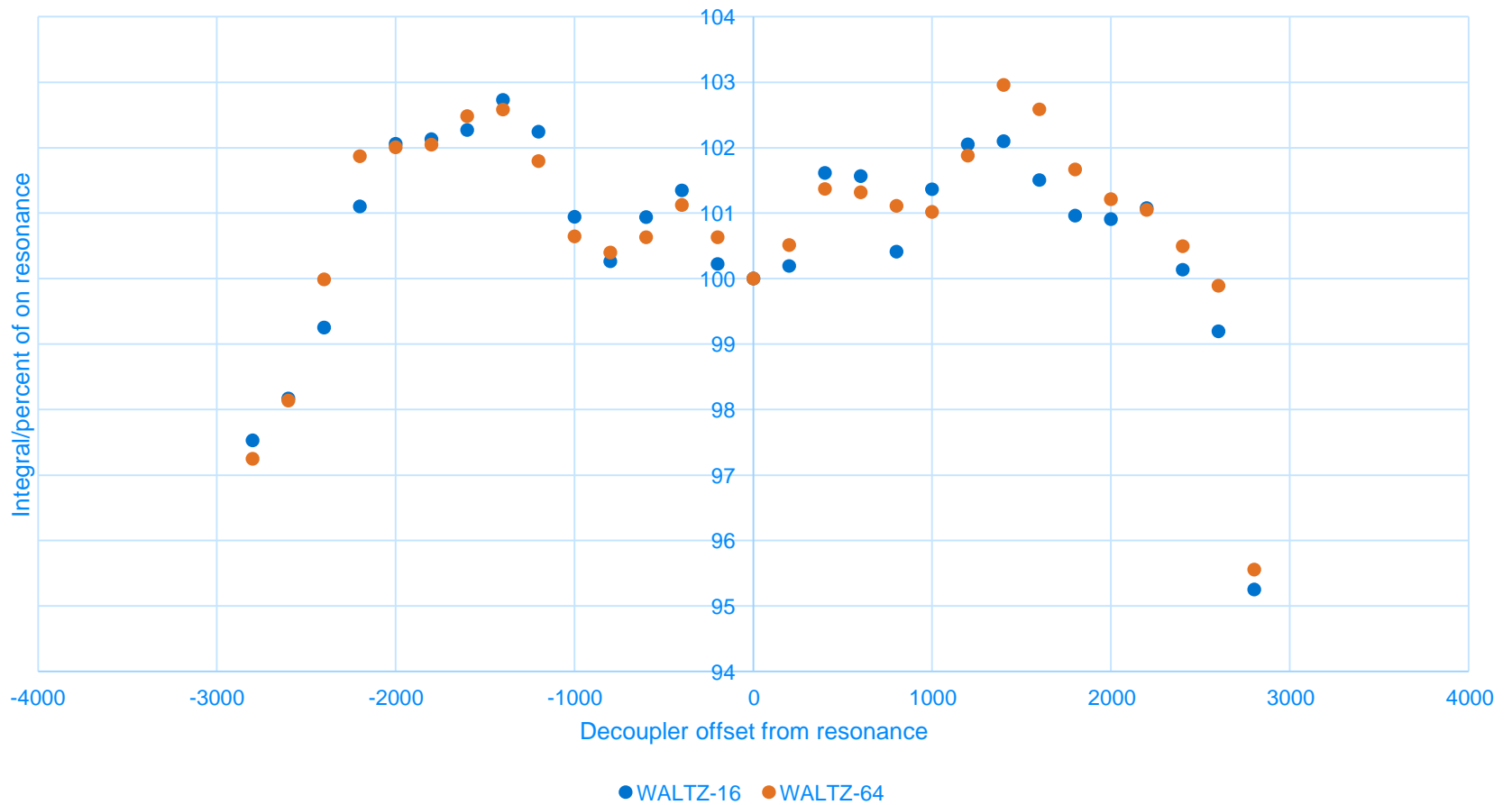
SPW63 [W, -dBW]

Shaped pulse power SPW63

- Power corresponding to 14.043kHz == 17.8us 90
- Shape is amplitude modulated – rms power 4.4kHz

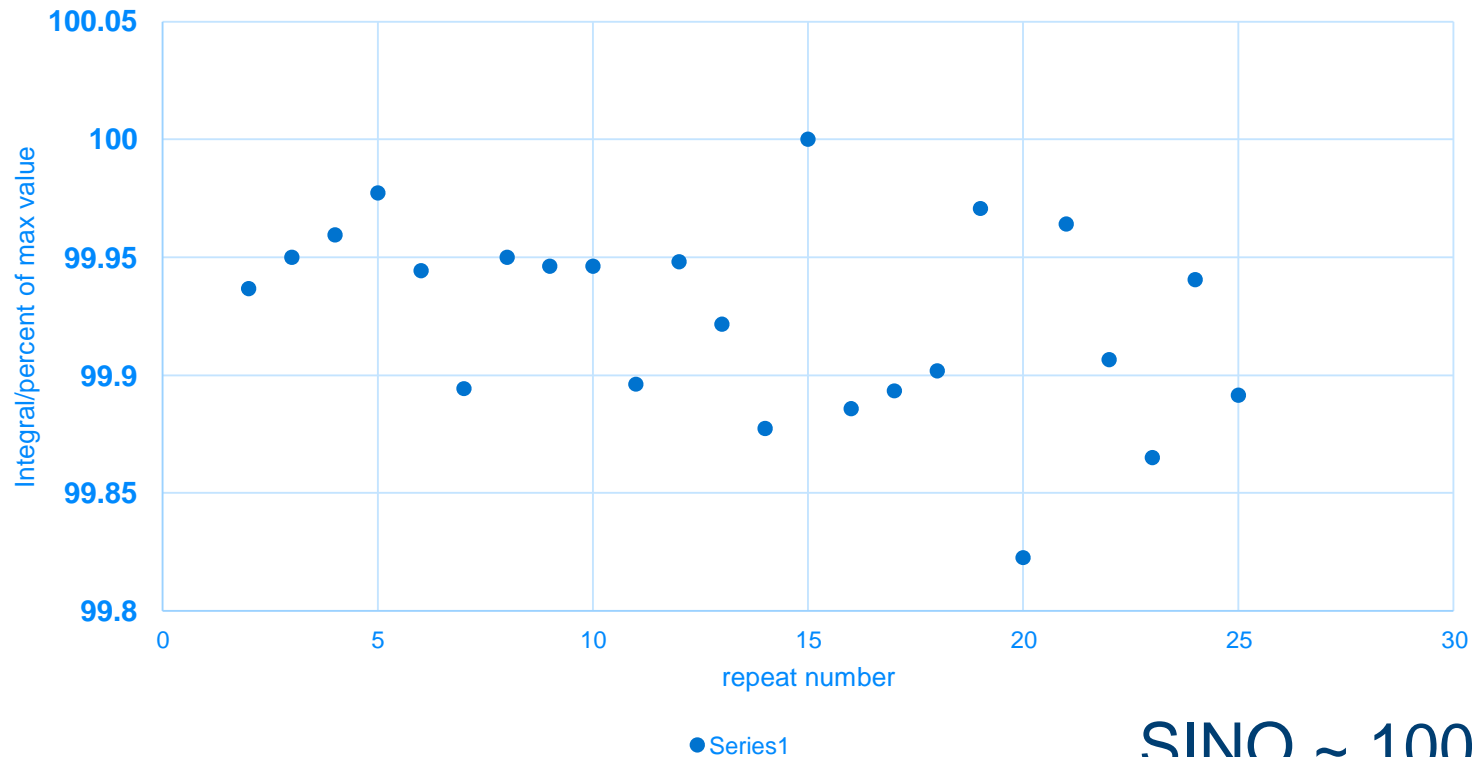
Quantification

Offset dependence of integrals with WALTZ decoupling



Quantification

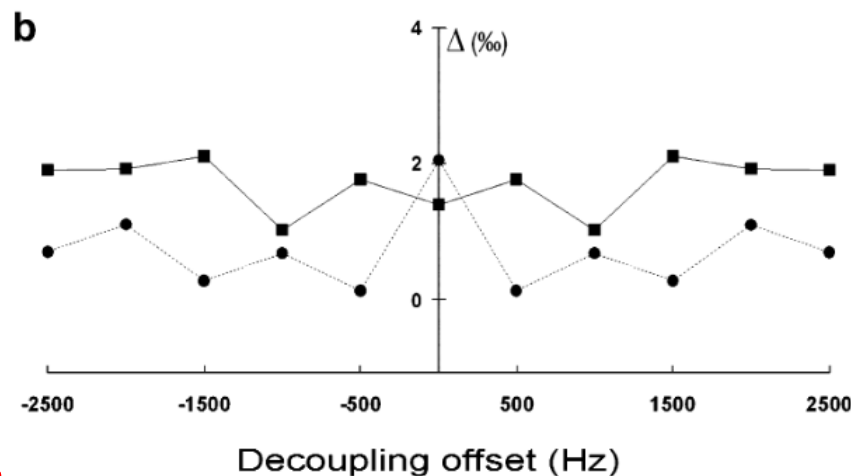
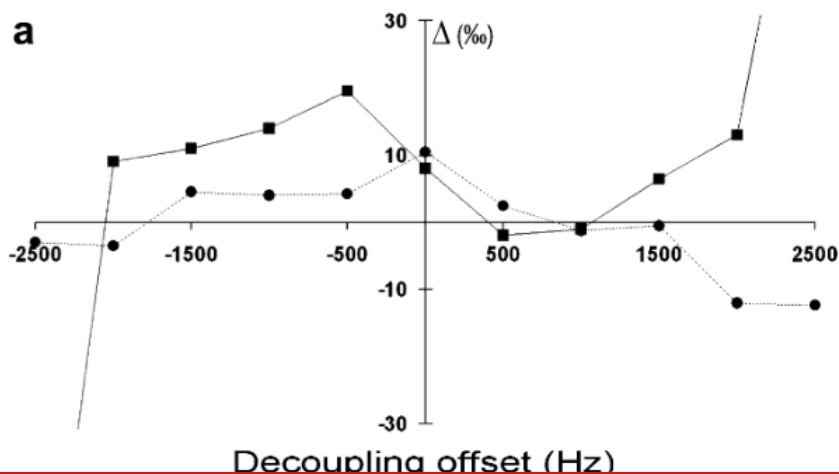
Stability of integrals with WALTZ decoupling



SINO ~ 10000:1
STDEV=0.04%

Quantification: adiabatic pulses for better uniformity

- Adiabatic 1H decoupling scheme for very accurate intensity measurements in 13C NMR, Eve Tenailleau, Serge Akoka
- <https://doi.org/10.1016/j.jmr.2006.11.007>



WALTZ-16 with $\omega_2^{\max} = 53.1$ kHz.

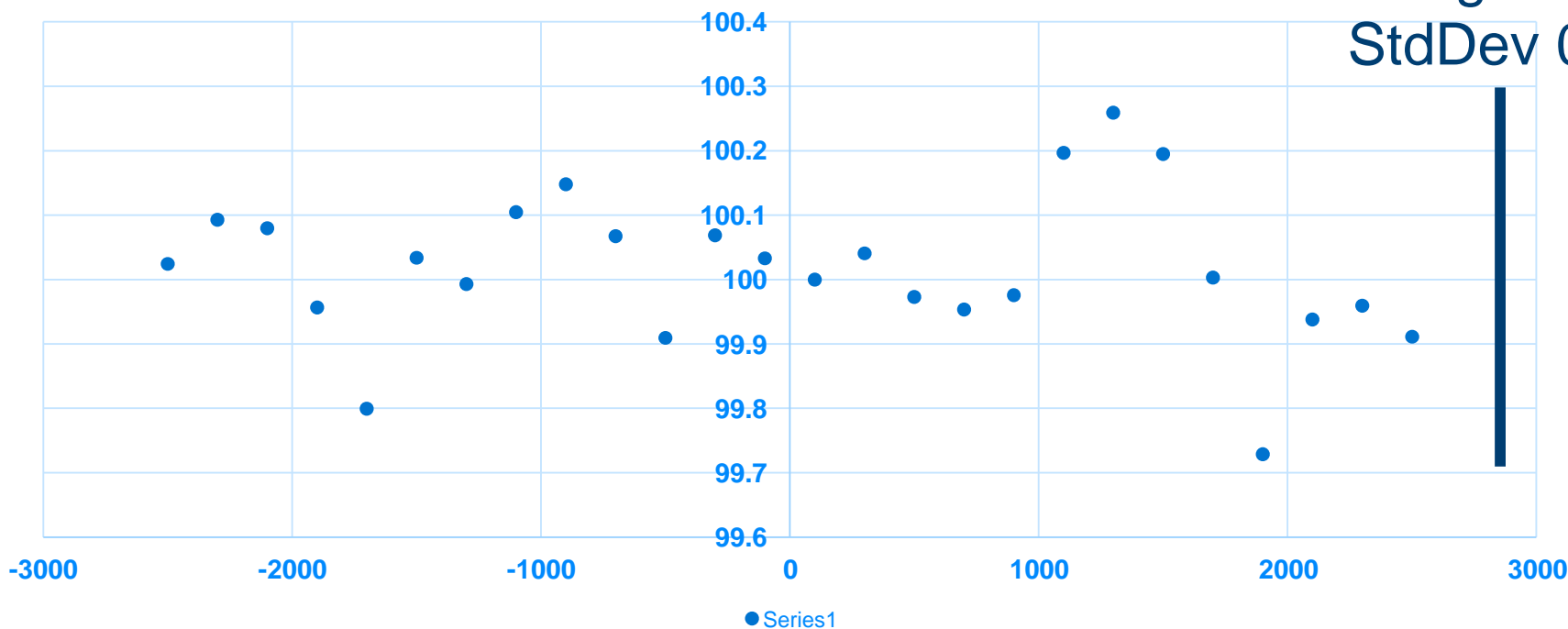
cos/OIA pulses with $\omega_3^{\max} = 75.2$ kHz, $T_p = 200$ μ s, $\Delta F = 14$ kHz

Quantification: adiabatic pulses for better uniformity

P63 [μ sec]	400.000	
PLW2 [W, dB]	0	1000.00
PLW12 [W, dB]	0.12503	9.03
SPNAM 31	CaWurst2_28kHz_400us_12kHzB1	... E
SPOAL31	0.500	
SPOFFS31 [Hz]	0	
SPW31 [W, -dBW]	2.4492	-3.89

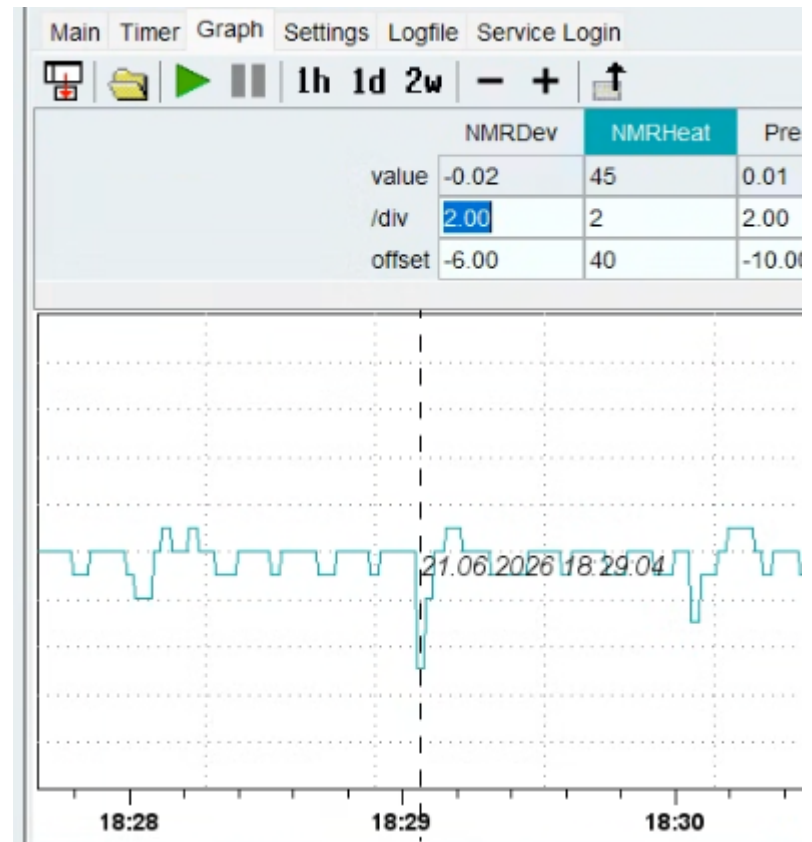
Offset dependence of integrals with adiabatic decoupling

Range 0.5%
StdDev 0.12%



Cryoprobe monitoring

- Cryopanel
- Can set the plot scale for individual parameters
- Here coil heat drops from 50% to 45 percent with the pulse used on previous page
- This is absolutely fine
- If coil heater reaches zero, coil temp will increase and then warmup probe...



Setup tools: prosol

HR Square Pulses

0	cpd	2777.78	90.00	0.14578	
---	-----	---------	-------	---------	--

HR Shape Pulses

Decouple

Nucleus

13C

12	adiabatic decoupling	Crp32,1.5,20.2	...	3191.54	1500.00	0.64603	
13	adiab. decoupling (bilev part)	Crp32,0.75,20.2	...	4513.52	750.00	1.2921	
34	low power adiabatic decoupling	Crp25,2.5,25.4	...	1784.12	2500.00	0.20188	
35	low power adiab. decoupling (bi	Crp25,1.25,25.4	...	2523.13	1250.00	0.40377	

Decouple

Nucleus

19F

12	adiabatic decoupling	Crp120,1.5,30.4	...	6180.39	1500.00	1.0451	
13	adiab. decoupling (bilev part)	Crp120,0.75,30.4	...	8740.39	750.00	2.0902	

Prosol defaults

- These are set from the files in `<topspin>\exp\stan\nmr\lists\prosol`
- Obs and dec files for H/C/N/F/P for different fields
- Care: default CPD pulse for carbon is too long at $\geq 500\text{MHz}$
 - $< 165\text{ppm}$ bandwidth with GARP4
 - But you should probably use adiabatic decoupling at this point!

BUSS decoupling in prosol

HR Shape Pulses

Decouple
Nucleus
Decouple

12	adiabatic decoupling	Buss_dec	...	14043.00	123200.00	12.508	
----	----------------------	----------	-----	----------	-----------	--------	---

- Make a cpdprg:

```
1 #setphase
2 bilev "131=1"
3 1 p63:sp31:0 p1=sp31
4   jump to 1
```

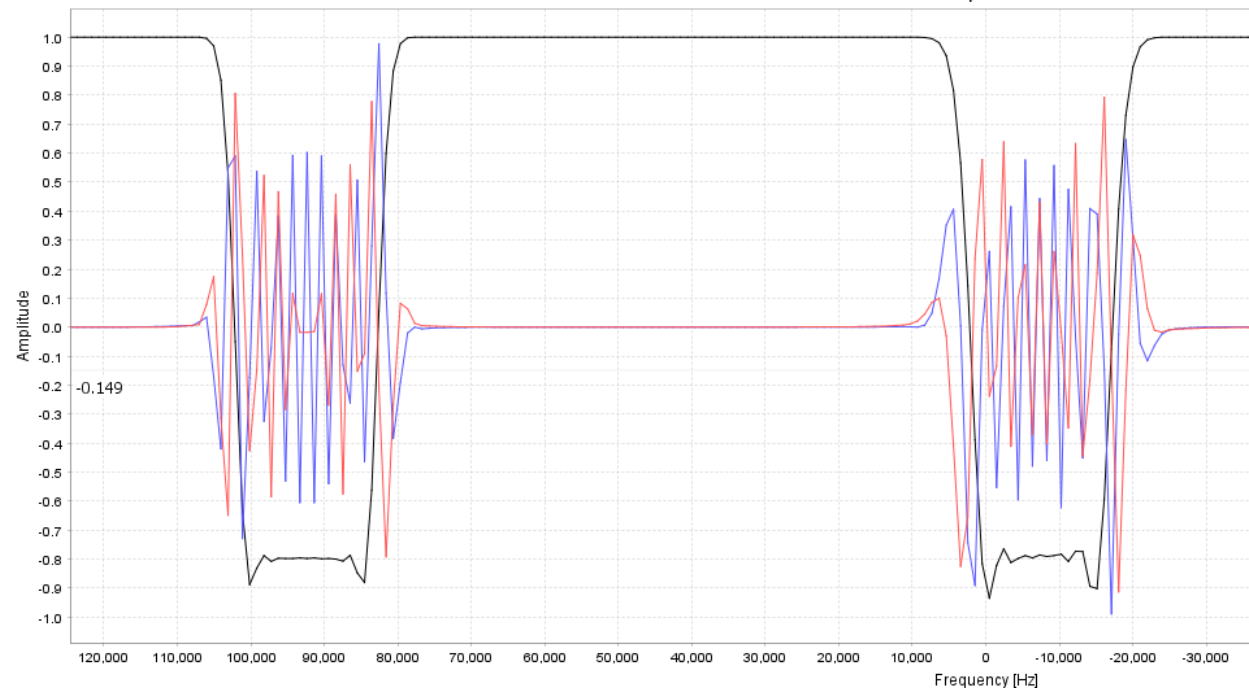
Setup tools: Wavemaker

- Wavemaker: automated shaped pulse setup
- Eg: adiabatic decoupling for f2 channel:
 - `USERA2 = cpd2:wvm:f2dec: cawurst_d(cnst50 ppm, cnst54 us; Q=cnst55, sucyc=[p7]m4)`
 - Or:
 - **`WAVEMAKER2 = create_shape(cpd2, cawurst_d, name=f2dec, bandwidth=$cnst50 ppm, length=$cnst54 us, Q=$cnst55, supercycle=[p7]m4)`**

CPDPRG 2	f2dec.cpdwvm		...	E
PCPD2 [μ sec]	21000.00			
PLW2 [W, dB]	7.6	-8.81		
PLW12 [W, dB]	0.24886	6.04		
SPNAM 15	f2dec.wvm		...	E

Multi-band decoupling with wavemaker

- USERA2: cpds2:wvm: `cawurst_d-8(20000Hz, 1 ms, 0ppm; Q=1.3, sucyc=[p7]m4)` `cawurst_d-2(20000Hz, 1 ms, 100000Hz; L2H, Q=1.3, sucyc=[p7]m4)`



Local lists in TS4

- NB in TS4, the generated shapes created thus by wavemaker are (only) stored locally in the dataset (in the lists/wave subdirectory of the expno directory), not in the global exp/stan/nmr/listswave/user. Likewise the cpd prog in lists/cpd.

lists	15/06/2026 12:07
pdata	15/06/2026 11:03
acqu	15/06/2026 12:38
acqu	15/06/2026 12:38
audita.txt	15/06/2026 12:07
format.ased	15/06/2026 12:38
wvm.log	15/06/2026 12:12
wvm.par	15/06/2026 12:12
wvmPPInfo.xml	15/06/2026 12:12

Performance summary

- WALTZ-64/65 : Bandwidth **2.2x RF field strength**
 - Mostly only 1H decoupling
- GARP-4 : Bandwidth **>5x RF field strength**
 - For large couplings and small bandwidths
 - Or where shaped pulses are a problem
- Adiabatic decoupling: Bandwidth prop.to **(RF field strength)²**
 - Can be adapted to almost any case
 - **¹³C QNMR**
- BUSS decoupling: Fixed bandwidth of **47kHz**
 - **Should we use this more regularly?**

Overview of CPD sequences in topspin

- Waltz16 / waltz64/ waltz65 / Garp / garp4 / dipsi2
- Bi_waltz65_128/256 – bilevel waltz for zgpg
- Cwp – continuous wave (implemented as a repeated identical pulse)
- Bi_p5m4sp_4sp.2 – bilevel shaped pulse dec with p5m4 and different shapes
- bi_sp180pl.p63 – single shape repeated p63/sh63, no supercycle
- P5m4sp180* - versions of p5m4 supercycle of a shaped pulse
- Mlevsp180* - versions of mlev16 supercycle of a shaped pulse

Example cases: $1\text{H}\{^{13}\text{C}\}$ 2D

- Cpdprg2= bi_p5m4sp_4sp.2
- Set shapes in prosol to give eg $>200\text{ppm}$ inversion
- Crp32 is a bit tight @500MHz => Crp42 (~same power as 70us CPD)

- Or BUSS

Example cases: 1H{13C} 1D

- Eg QNMR

PULPROG zgpg3d

CPDPRG 2 bi_p5m4sp_4sp_lp

```

1 #setphase
2 bilev "l31=(nsdone+ds)*4+1"
3 1 p60*0.5:sp59:0 p1=sp59
4   lo to 1 times l31
5   p60:sp60:0 p1=sp60
6 2 p60:sp60:150
7   p60:sp60:60
    
```

TS4:

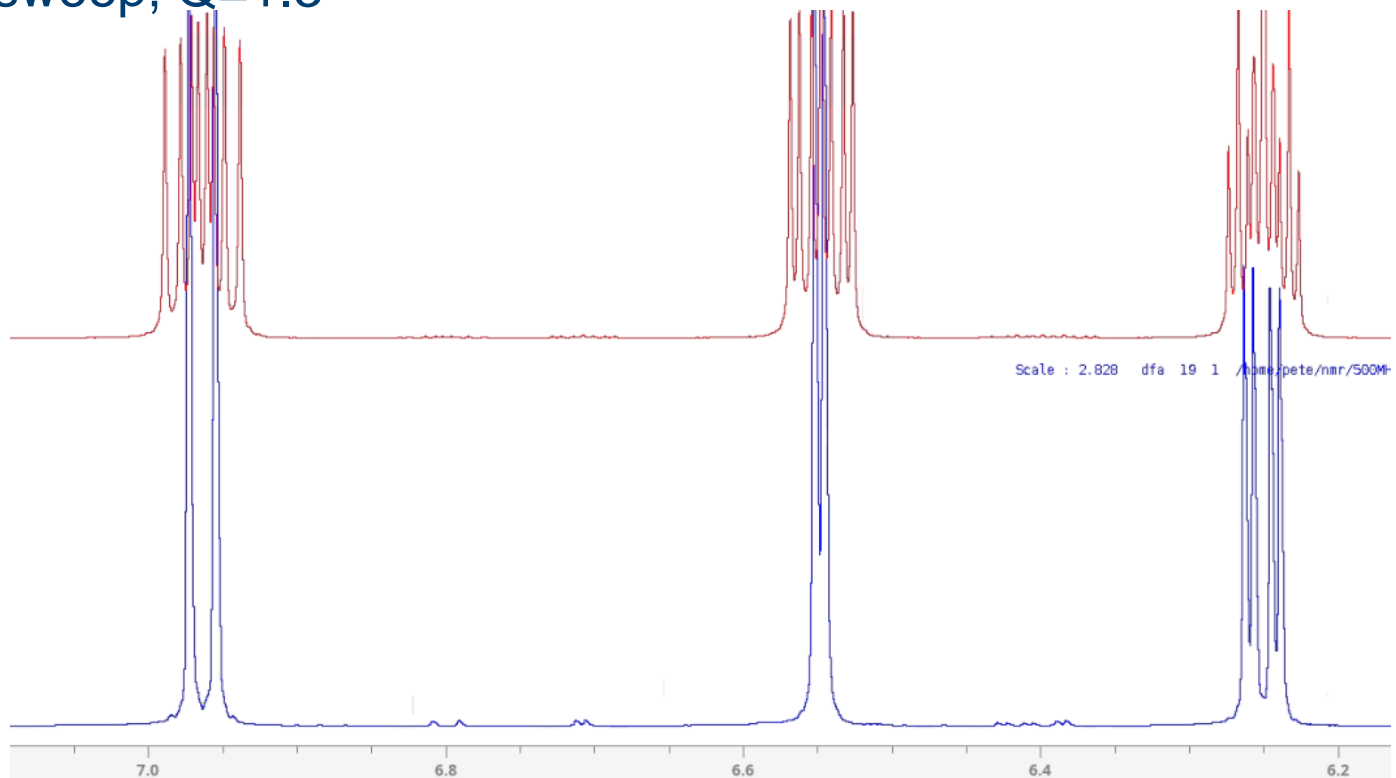
34	low power adiabatic decoupling	Crp38,2.5,25.4	...	180.00	2199.62	2500.00	0.16257	
35	low power adiab. decoupling (bilev)	Crp38,1.25,25.4	...	180.00	3110.73	1250.00	0.32514	

	Equation	Operator	Factor	Chan	Comment	
Prd	P[60] =	SHPW[34]	*	1.0	2	# 180 deg adiabatic low power dec., F2, 13C
Prd	SH[60] =	SH[34]	*	1.0	2	# adiab. low power dec., F2, 13C

	SH[59] =	SH[35]	*	1.0	2	# adiab. bilev low power dec., F2, 13C
--	----------	--------	---	-----	---	--

Example cases: $1\text{H}\{^{19}\text{F}\}$ NB filters!!

- Large BW but small J => Long adiabatic pulse OK
- 4.5ms, 180kHz sweep, $Q=1.3$



	Filename	Δ [°]	RFF[Hz]	PuW[μs]	Pw[W]
12	adiabatic decoupling Crp180,4.5,20.1_q	180.00	2857.58	4500.00	1.0041
13	adiab. decoupling (bilev par Crp180,2.25,20.1_q	180.00	4050.05	2250.00	2.0171

Example cases: 31P{1H}

- Bi_waltz65_128 / 256

- CPD + CW:

Channel Routing

Frequency	Logical Channel	Amplifier
BF1 161.975593 MHz	NUC1	
SFO1 161.967494 MHz	F1	
OFS1 -8098.78 Hz	31P	
BF2 400.13 MHz	NUC2	
SFO2 400.131601 MHz	F2	
OFS2 1600.52 Hz	1H	

Diagram showing routing from Logical Channels (F1, F2) to Transmitters (TRX1, TRX2) and Amplifier (1H 100 W). Green lines indicate cable wiring, dashed lines indicate possible RF routing, and green dots indicate cortab availability.

Legend:

- : cable wiring
- - - : possible RF routing
- : cortab available

settings

- show selected routing
- show receiver routing
- show receiver wiring
- show probe wiring
- show RF routing
- show power at probe in

Dialog Box:

The secondary channel should be added to:

F2

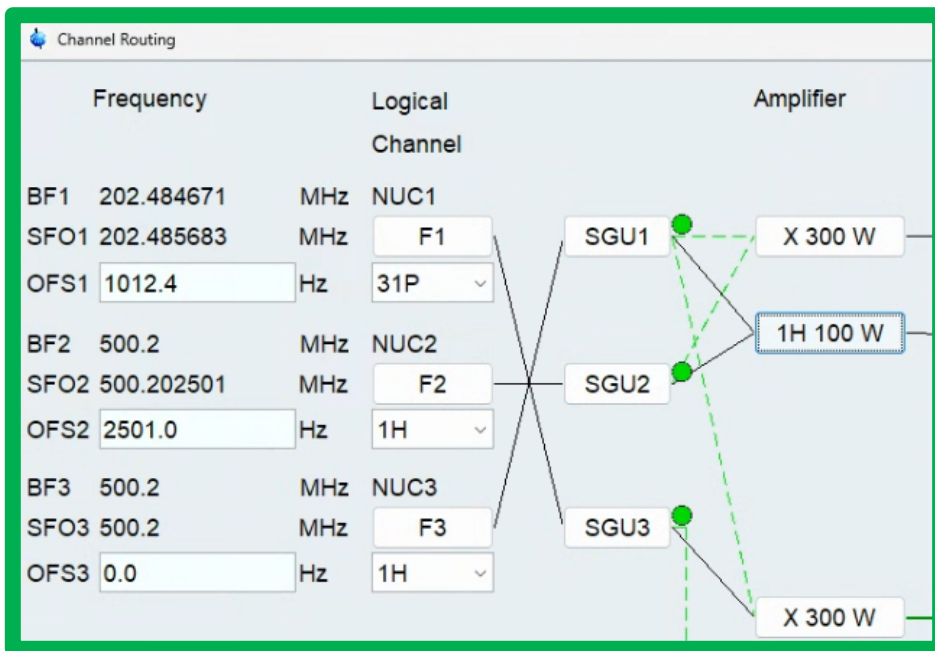
OK Cancel

Buttons: Save and Close, Switch F1/F2, Switch F1/F3, Add logical channel

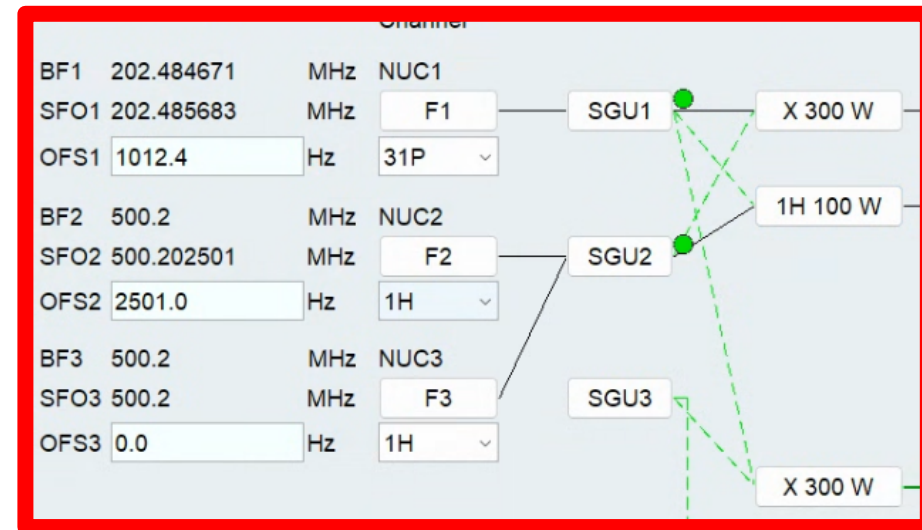
Example cases: 31P{1H}

- CPD + CW on AVIII:

OK



NOT OK!!



Example cases: 31P{1H}

- CPD + CW:

PULPROG

Channel f2

SFO2 [MHz]	<input type="text" value="400.1316005"/>	
O2 [Hz, ppm]	<input type="text" value="1600.52"/>	<input type="text" value="4.000"/>
NUC2	1H	<input type="button" value="Edit..."/>
CPDPRG 2	<input type="text" value="waltz16"/>	<input type="button" value="..."/> <input type="button" value="E"/>
PCPD2 [μsec]	<input type="text" value="90.00"/>	
PLW2 [W, dB]	<input type="text" value="8.2"/>	<input type="text" value="-9.14"/>
PLW12 [W, dB]	<input type="text" value="0.14578"/>	<input type="text" value="8.36"/>

O3 [Hz, ppm]	<input type="text" value="0"/>	<input type="text" value="0"/>
NUC3	1H	<input type="button" value="Edit..."/>
CPDPRG 3	<input type="text" value="cwp"/>	<input type="button" value="..."/> <input type="button" value="E"/>
PLW3 [W, dB]	<input type="text" value="8.2"/>	<input type="text" value="-9.14"/>
PLW16 [W, dB]	<input type="text" value="0.14578"/>	<input type="text" value="8.36"/>

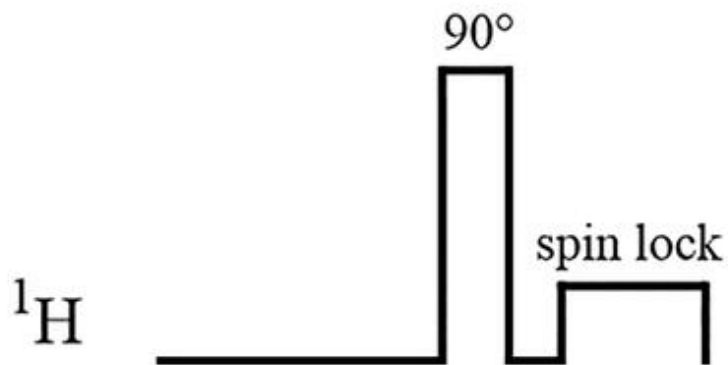
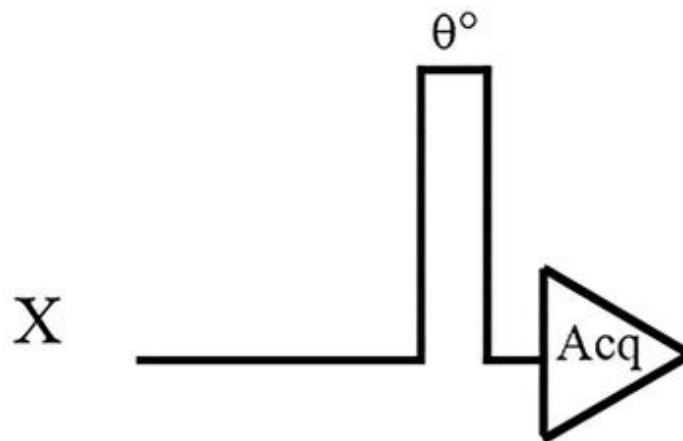
Set exactly on res

Could use (much) less power

Alternative possible approach

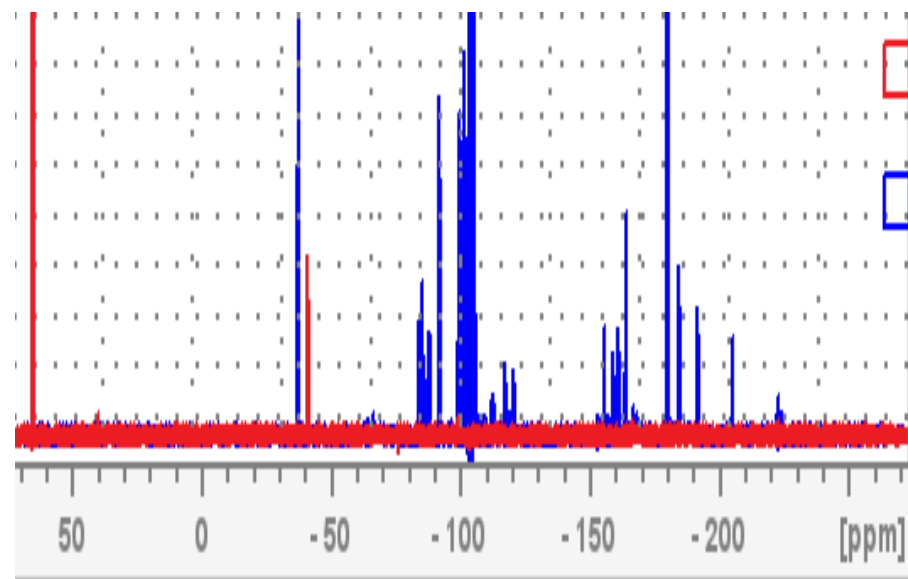
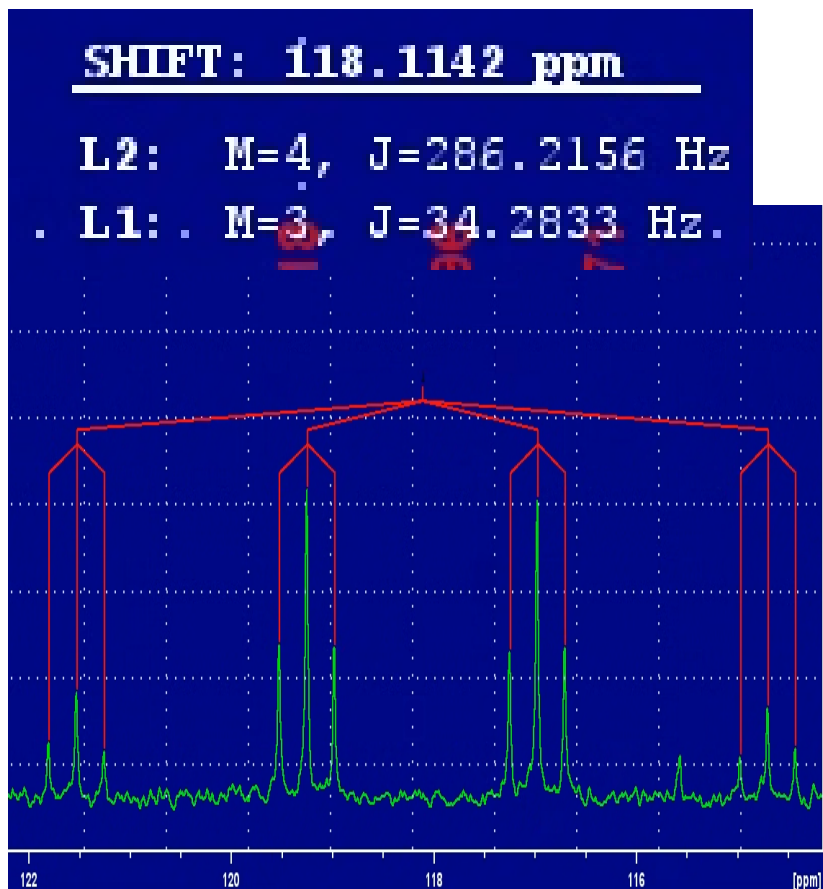
- Adiabatic spin locking
- **Complete elimination of decoupling sidebands in the case of very large heteronuclear scalar coupling by spin locking using adiabatic pulses**

**Kilka, Spectroscopy Letters
2026**



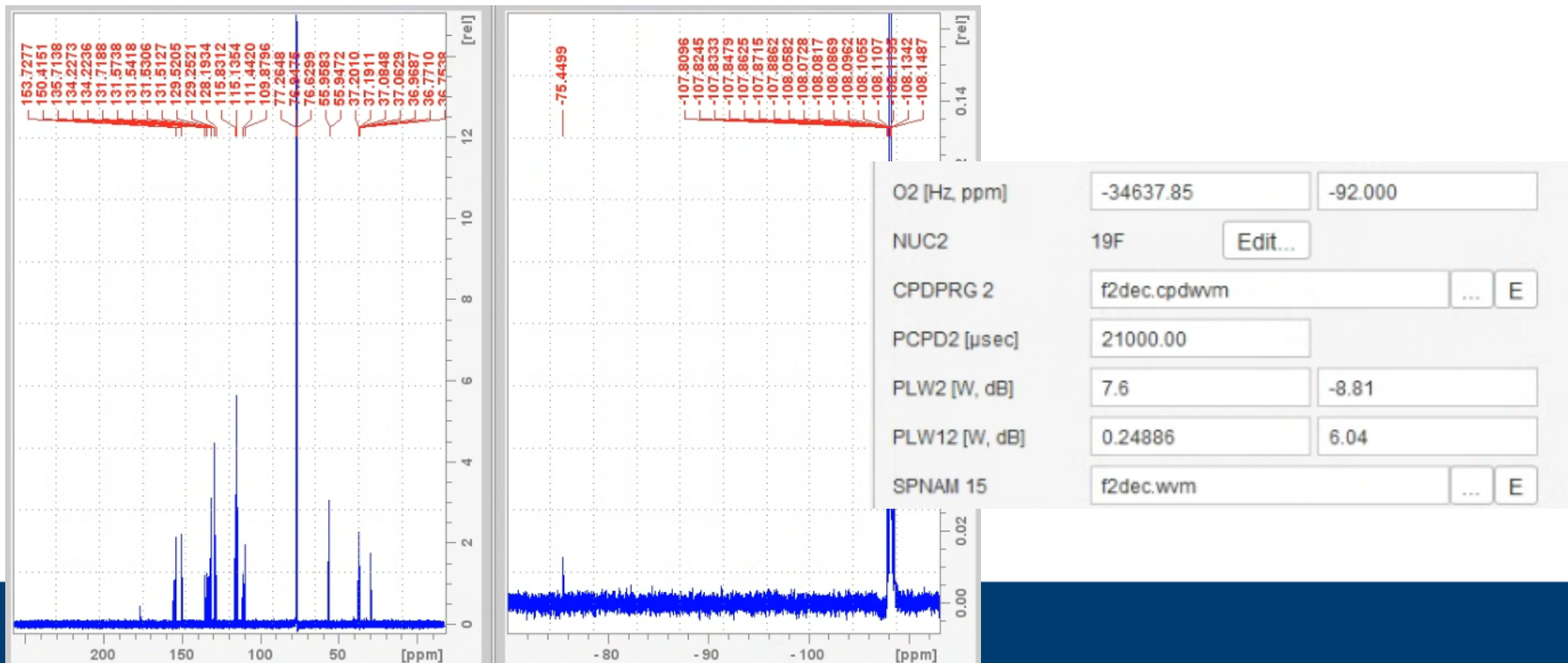
Example cases: $^{13}\text{C}\{^{19}\text{F}\}\{^1\text{H}\}$

- Very challenging due to large bandwidth (>300ppm) and J (~300Hz)

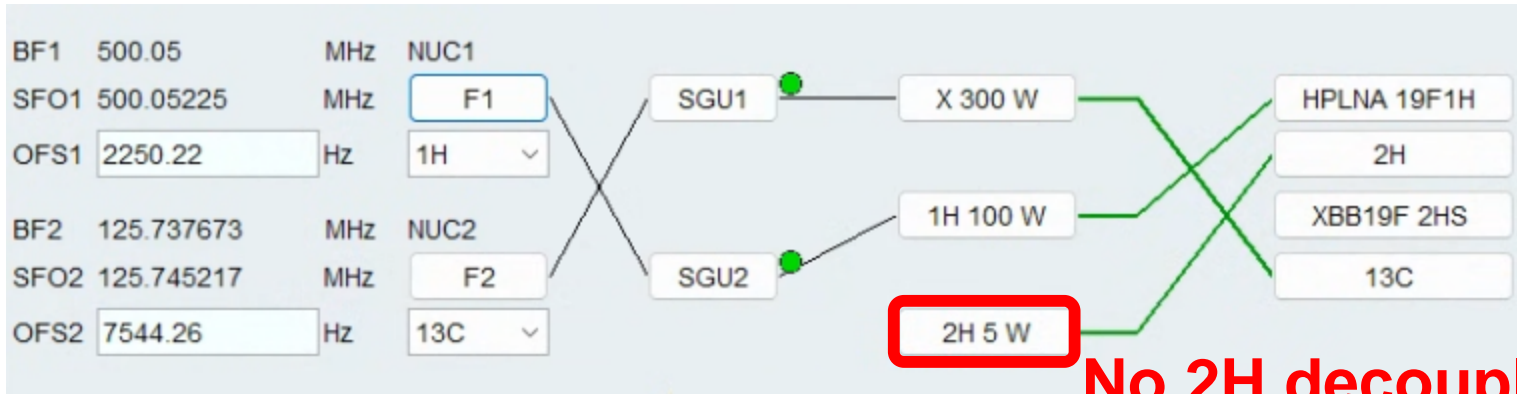


Setup tools: AU programs

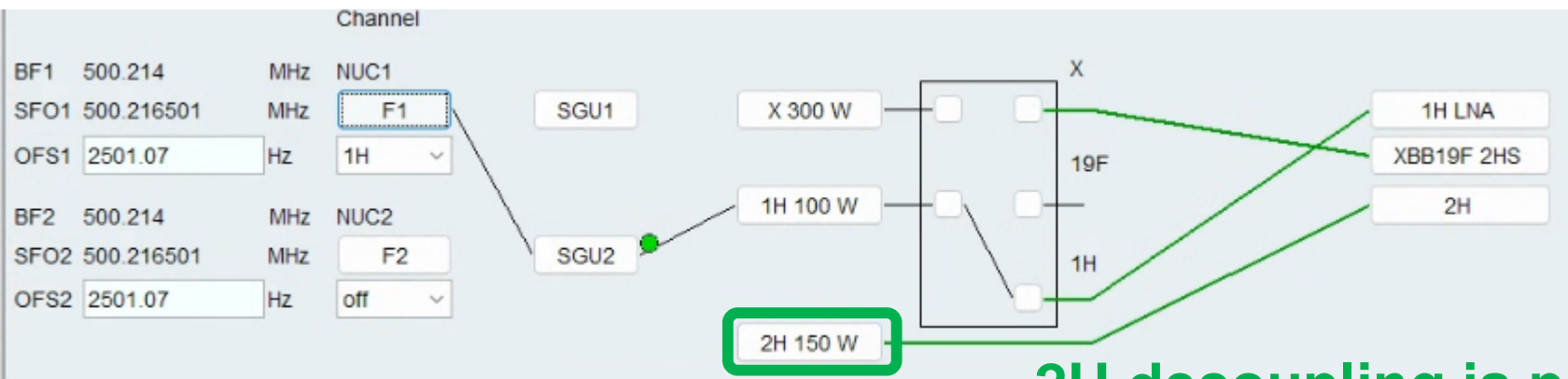
- “au_getlim3” – WIP, ask Bruker...
- Eg for $^{13}\text{C}\{^{19}\text{F}\}$: expno 9 = ^{13}C , expno 10 = ^{19}F , expno 11 = $^{13}\text{C}\{^{19}\text{F}\}$
- **au_getlim3 ref=9,10 drange=2000 wvm=1**



Considerations for 2H decoupling



No 2H decoupling possible



2H decoupling is possible!

Considerations for 2H decoupling

- In order to switch between the lock pulsing / decoupling: pp **zgig2h**
- Lock can be on during D1
- Enforce short AQ: UDEFT?

SFO2 [MHz]	<input type="text" value="107.4853392"/>		Frequency of ch. 2
O2 [Hz, ppm]	<input type="text" value="376.20"/>	<input type="text" value="3.500"/>	Frequency of ch. 2
NUC2	2H <input type="button" value="Edit..."/>		Nucleus for channel 2
CPDPRG 2	<input type="text" value="waltz16"/>	<input type="button" value="..."/> <input type="button" value="E"/>	File name for cpd2
PCPD2 [µsec]	<input type="text" value="500.00"/>		F2 channel - 90 degree pulse for decoupling sequence
PLW2 [W, dB]	<input type="text" value="0"/>	<input type="text" value="1000.00"/>	Power PLW2
PLW12 [W, dB]	<input type="text" value="2.492"/>	<input type="text" value="-3.97"/>	F2 channel - power level for CPD/BB decoupling

Example $^{13}\text{C}\{^2\text{H}\}\{^1\text{H}\}$

